## Summary sheet

## Te Hau Toka Connecting Communities Fund: Successful Applicants Round 7: November 2023

	Group name	Description of activity/event
1	Local Food Wānaka	Run by Local Food Wānaka, a group of passionate volunteers, the annual Upper Clutha Autumn Apple Drive is a community event that brings people of all ages together to celebrate the harvest season through communal chutney and juice making. People can bring foraged or homegrown fruit and vegetables and join the production line washing, chopping, preparing containers and turning the produce into jars of chutney and bottles of fresh juice under the tutelage of a professional chutney master. A professional chef bakes pastries for attendees and volunteers serve cheese and chutney on freshly baked bread. Everyone leaves with a jar of chutney, a container of juice and the knowledge to make their own. All surplus chutney, juice and produce is donated to the local food bank and community food pantries.
2	Cromwell First Touch Football	Support free fortnightly 45-minute football sessions for 1-4 year olds to have fun playing football together from December to April. It's the only activity for young kids in Cromwell on the weekends and the only regular physical activity in Cromwell for young children outside of weekdays. This allows parents busy with work during the week to attend the sessions. The programme started last year and has proven popular, with 20-30 players at each session and the parents on the sideline socializing.
3	Ma Kai, Fiordland	Funding for essential hangi resources such as kai baskets to help the group offer no-cost hangi services to groups and at local community events, including Waitangi Day, Matariki, and Labour Weekend Waka Ama. The group aims to grow this service and connect with local schools to provide education in Te Ao Maori through hangi.
4	Harvest Community Gardens, Queenstown	Funding for a working bee to clear up the garden's communal areas and fenceline as well as holding a spring planting workshop for new members followed by a shared BBQ and a seedling and seed swap.
5	Upper Clutha Branch NZ Deerstalkers Association	Support for the hunter training course (HUNTS) which introduces beginners and novices into a nationally structured training programme where they learn new skills about a range of outdoor activities relating to hunting - bushcraft, survival, navigation, game animal species, risk management, butchery and significantly, firearms and marksmanship. Wānaka/Hawea membership is 330.
6	Cromwell Secret Santa	Cromwell Secret Santa confidentially collects names of individuals and families from trusted members of the Cromwell community such as ECE, schools, churches, doctors, Plunket, Youth Trust, rest homes, social workers and councillors. It has three Trees of Giving at Cromwell Paper Plus, Cromwell ANZ and Onpoint glass services where the public can place good used/new toys, books, puzzles, games etc. for babies, children, teenagers and adults. The criteria is financial, especially families struggling, sickness or death of a loved one, or having a really tough time. The gifts are then matched, packaged and delivered.
7	Wakatipu Mini Muscles Charitable Trust, Queenstown	Support for this weekly programme which promotes free movement and physical activity in children from birth to 5 years old. An environment is created for children to socialize with their peers in a fun and active way as well as connecting parents with each other.
8	Cobras Basketball, Queenstown	Equipment to help support a social, multicultural basketball team.
9	The Japanese Family Society of Queenstown	Support for a Rhythmic Wellness: O-Taiko Japanese Drum Harmony workshop and performance. The community-led event will immerse participants in the rhythmic and cultural experience of traditional Japanese drumming. The workshop, hosted at Queenstown Primary School hall, aims to foster connections, enhance mental wellbeing through active participation, and celebrate cultural diversity. The culmination will be a culturally vibrant drumming performance for the community on the lakeside green by Lake Wakatipu on 10 February 2024.
10	Women's Shed, Queenstown	The Women's Shed was founded in August 2023 as a community initiative to provide opportunities for women to learn how to use and gain confidence on tools in an inclusive and safe environment, make new friends and have fun. The leaders are strong mental health advocates and the skills that are learnt are transferable to women's everyday lives with room to learn more. There are currently 60 women learning how to use tools in the Intro to Tools workshop and the next level up Intro to Carpentry workshop where they are building birdhouses and household furniture. The aim is to give back to the local community by volunteering time and newly learned skills to local community organisations. Plans include building an outdoor community pantry for the Community Harvest Gardens and building cabins or a tiny home, auctioning them off and donating the profits to a mental health charity.
11	Mararoa Charitable Trust, Fiordland	The Mavora Explorer comprises eight events which everyone can join in and includes mountain biking, E Bike, running and walking categories. It's an opportunity for families and individuals to challenge themselves while exploring a stunning and secluded corner of the Te Anau Basin. The inaugural event in 2023 had 196 entries plus 20 family entries. The community is in a rural, isolated area of Fiordland with no other events like it which cater for all ages and abilities.
12	Wānaka Community Workshop	A twice-weekly get-together for the MenShed to meet at the Wanaka Community Workshop to support the regular sharing of ideas, develop skills and provide pointers on the safe use of equipment. Using donated materials, the members volunteer their time to fabricate a wide range of products for community groups across the Upper Clutha. Members also give their time and skills to enable woodworking projects undertaken at the Workshop by youth groups and intellectually disabled people. Members also support travellers with projects such as upgrading their camper vans.

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13	Age Concern,	Seniors Christmas cruise on Lake Whakatipu to help bring local elderly people together for some
	Queenstown	Christmas cheer, show them the local sights from a different angle and encourage some of them to step
1.4	OT Community Coto	outside their comfort zone (some have never been on a boat locally).
14	QT Community Cats Trust, Queenstown	Support for the volunteers' Christmas Garden Party to give a little back to the community of QT Community Cats volunteers. This is a network of local people who give their time, money, love, support
	Trust, Queenstown	and friendship, not just to the QT Cat Community, but to each other and beyond.
		QT Community CATs is a registered charity which was set up originated the April 2020 lockdown. The
		group has over 100 cats in its care and also runs community outreach wellbeing programmes including
		companion cats as emotional support pets.
15	Te Anau Community	Support for the library to provide a variety of sensory toys and a sensory modulation education session
	Toy Library, Fiordland	for parents run by an Occupational Therapist to explain how it can benefit tamariki. The library is a not- for-profit volunteer organization that supports families in the Fiordland area to access a wide range of
		toys for play and learning whilst being affordable and sustainable.
16	Danish Society,	A Christmas get-together for Queenstown's Danish community featuring traditional foods, crafts and a
	Queenstown	singalong.
17	Pivotal Point Charitable	Monthly support groups for the whānau of neurodivergent Tamariki to foster understanding, empathy
	Trust, Whakatipu Basin	and empowerment within the neurodivergent community and help them navigate the challenges they
		face. The Whānau Support Groups provide a vital safe, inclusive and nurturing space for neurodivergent
		individuals and their whānau to come together, build a supportive network, celebrate diversity, share experiences, and access the resources and education they need to thrive.
18	Glenorchy Heritage and	Support for the Glenorchy Heritage and Museum group to launch its new outdoor exhibition space next
	Museum Group	to the GY Village green and its first exhibition, a rare set of original Bullendale photos from Queenstown's
		first photographer. The launch will be a day-long event with guest speakers and a 19th century dress up
		theme dinner and celebration.
19	Fiordland Health	Four community discussions focusing on different aspects of female health and wellbeing. Local
20	Happiness House,	practitioners involved include the Health Improvement Practitioner, local GP and 2 local physiotherapists. Support for international community cooking workshops, inviting members of different ethnic groups
20	Queenstown	within Queenstown to come and facilitate a cooking workshop at Happiness House. There will be a
	Queenstown	minimum of four 2-hour workshops connecting and showcasing the diverse cultures in Queenstown and
		their cuisines. Attendees can take the knowledge that they learn in the cooking session home, along with
		a recipe, so that they can replicate it.
21	Cromwell Community	Funding for the Cromwell Community Playgroup Christmas party. The event will be open to the whole
	Playgroup	under 5s community to celebrate the end of year and Christmas with a hired bouncy castle, face painting,
22	Manapouri Community	pony rides, and a visit from Santa. Funding to help purchase large thick kickboards, flotation devices and better quality pool noodles and
22	Pool Committee	swim toys to encourage more people to get in the water as well as increasing the number of goggles and
		swim masks available. Funding could also be put towards adding a small swing set/slide, replacing
		damaged outdoor plastic chairs and adding wooden Cape Cod seats for spectators.
23	Indonesian	Support to practice Indonesian songs (traditional/modern) mixed with western songs using traditional
	Contemporary Music	Indonesian musical instruments, with the aim of performing at various cultural and multicultural events
24	Group Cromwell Community	in the region. Support for the annual festive event held prior to Christmas in the Cromwell Presbyterian Church Hall.
24	Santaland	
25	Kahu Youth Trust and	Funding for the Youth Volunteer Awards, a for-youth, by-youth celebration of all the positive things local
	Upper Clutha Youth	young people do in the community. The aim is to shine a light on youth volunteering, encouraging both
	Council	youth to volunteer and for the community to include them in their volunteer programmes.
26	Path Ara Ki Wānaka —	A youth-designed, promoted and led weekly Pickle Ball programme for youth and their parents or
27	Pickleball	caregivers at Wānaka's new community youth facility, Paetara Aspiring Central.
27	Aspiring Quilters, Wānaka	Run at the Community Hub 3 times a month, Aspiring Quilters welcomes those wishing to learn quilting techniques or just the basics to get started, The funding will go towards materials to produce quilts for
		charities like neo-natal, Plunket and the Cancer Society and for individuals who will benefit from a warm
		comforting quilt.
28	Women's Club,	Support for monthly dinner meetings with women from the Fiordland area meeting up to enjoy contact,
20	Fiordland	fellowship, companionship and guest speakers.
29	Manapouri Weedbusters	Extension of existing walkways s and boardwalks alongside Lake Manapouri to enable easier access for locals and visitors with mobility issues to enjoy native bush, open spaces and views.
30	Southern Lakes Arts	Support for Aspiring Conversations, a festival of ideas and korero where key thinkers talk about a diverse
	Festival Trust	and rich array of current, controversial and interesting subjects. The aim is to bring the community
		together to open their minds and hearts and to expose them to different people and topics not usually
		available in a relatively small, isolated town. Key speakers and performers also work with students in
		schools. Aspiring Conversations is presented by the Wānaka Festival of Colour, the flagship arts event for
21	Masters annual averat	the Southern Lakes region, and will run 4-7 April 2024.
31	Masters annual event in Manapouri,	A community picnic-style event, including a BBQ on Friday evening and a Saturday afternoon community cuppa and lolly scramble, at the Masters annual event in Manapouri on the first weekend after New Year.
	Fiordland	The aim is to promote community wellbeing and encourage people to have a go at a range of athletics
		with oversight from seasoned Masters athletes, encouraging them to participate further.
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	Group name	Description of activity/event
32	Te Anau Kepler Lions	A social and fun Christmas two-course lunch provided free to local Fiordland seniors 75 years and older.
	Club, Fiordland	Meals are delivered to those that cannot attend in person on the day.
33	Queenstown Mountain	Support for Queenstown Mountain Bike Club's Junior Jam Summer Programme which teaches young
	Bike Club Inc.	people aged 4-17 to ride pumptrack, develop bike handling skills and use a professional start gate. The
		sessions are held once a month and involve boys and girls connecting with one another and furthering
34	Queenstown Malaysia	their riding abilities. Support for a range of 2024 family-friendly gatherings which foster connections through food, support
54	Singapore and Brunei	new parents, integrate working holiday arrivals, and promote overall community wellbeing. The aim is to
	Community Group	create a stronger, more interconnected Queenstown Malaysian/Singaporean/Bruneian community to
		keep the community vibrant, active, and engaged. Assistance is readily available so members can seek or
		offer help, advice, and support within the network.
35	Tumble Time Te Anau	Support for active movement and free choice play sessions for infants, toddlers and preschoolers,
		building fundamental movement skills like jumping, climbing, rolling, swinging and balancing using a
		range of toys and gymnastics equipment. Sessions run once a week during school terms at the
		Community Events Centre for local and visiting families to attend with their children. It's great for littlies
		but also a place for parents to socialise, meet new people, and welcome new families to the greater
		Fiordland community. Up to 40 children attend with their parents/caregivers and the educators from
36	Toa, Queenstown	local ECEs bringing their enrolled children along to join the fun. Following on from Toa – The Play, this funding will go towards developing a digital space to continue safe
30	Toa, Queenstown	conversations. The platform will connect the community with inspirational speakers who have lost loved
		ones but are now in a place of hope. It will also be used to host online events and share positive stories.
		A key focus will be to connect the community to local services, including Māori and migrant navigation
		services, working alongside Uruuruwhenua and the Kiwikit Community Trust. The play's Te Whare Tapa
		Whā framework and values and understanding of health from a Māori perspective (supported by Ngā
		Manu Hou and local kaumatua Cel Mikaere and Pearl Sidwell) will carry over to the platform.
37	Korean School,	Funding to support K-Drum harmony (Korean traditional drum performance), bringing together older and
	Queenstown	younger generations through music and strengthening the Queenstown Korean community. The group
		will practice every week with a professional instructor and Korean instruments and plans to perform at
		the local Saturday markets, the Multicultural Festival and Korean celebration days like New Year and Korean Thanksgiving Day. Drumming benefits include stress relief, improved coordination and cognitive
		function, and self-expression. Playing drums in a group fosters teamwork and a sense of community.
38	Fiordland Performing	Support for the establishment of a Community Choir which will meet weekly and be open to all members
	Arts Charitable Trust	of the community - there will be no audition process. This is the next step after the successful trial of a
		45-minute group singing time at the monthly Fiordland Performing Arts club nights.
39	Cromwell Youth Worker	Support to develop a youth community enrichment programme for Year 10-Year 13 students (particularly
	Trust	focusing on vulnerable youth) in the Cromwell area. The 5-day pilot programme aims to raise student
		engagement and help them reach their potential for academic success.
40	Luma Light Festival	Build on the success of the concept tested in 2023 and continue to run art workshops with the hundreds
	Trust, Queenstown	of parents, children and general public waiting in bus queues to get the free public transport from
41	Manapouri Needs	Queenstown Central to the event at the Queenstown Gardens. A community fun day for Manapouri residents, encouraging them to be active and connect to others in
41	Music	their community.
42	Manapouri parents	Support to start a weekly coffee/social group to connect the growing number of families with young
	coffee/social group	children living in Manapouri. This will mean there is a social activity within walking distance for this
		community, especially important for those without access to a vehicle or unable to cover petrol costs to
		travel to Te Anau (20 minutes one way by car, no public transport).
43	Fiordland Multicultural	FMC and Fiordland Outdoors Playgroup are hosting a fun, family-friendly Holi (Colour) Party in a Te Anau
	Community	Park in celebration of the Indian Holi Festival in March 2024. Holi is an annual festival and one of the
		most vibrant, joyful celebrations held in India. It's a time when everyone pauses their busy lives to come
		together to have fun and be carefree.
44	Arrowtown Autumn	Support for a new event to be added to the Arrowtown Autumn Festival – a relaxed community picnic to
	Festival Inc Society	bring locals and visitors together to celebrate the closing of the festival. There will be olden day games i.e. tug-of-war, gold dig with prizes, best dressed gold rush era, sausage sizzle, bake sale etc. It will also be
		a fundraiser for a local group.
45	Glenorchy Playgroup	A programme of four seasonally-inspired events designed for tamariki and their whānau to explore, play,
10	ciclicity haygroup	learn, and reconnect with their unique rural community. There will be a nature walk and picnic in
		autumn; a Matariki disco at the community hall in winter; a visit to a local farm in spring; and an outdoor
		activities day on the local village green in summer.
46	Arrowtown Primary	Funding for sensory resources that can be used by the students to support students to have optimal
	School	learning function and regulate their emotions. In the wake of COVID there is a rapidly increasing number
		of students that present with behavioural challenges which don't fit funding criteria for additional
		support either within the classroom or at home. These resources would be able to be used at school and,
		in appropriate circumstances, be taken home to try within their family environment.
47	Milford Movie nights	Support to host outdoor Movie Nights and educational documentaries for the Milford community.
		Everyone will bring picnic chairs/bean bags and blankets, have a pot luck and watch the movies.

	Group name	Description of activity/event
48	Pukapuka Party 2024,	An event to promote and enhance literacy, where tamariki complete short literacy-based activities and
	Te Anau	get an ice cream and goodie bag upon completion of activities. The event also incorporates art, music, a
		book swap, face painting and physical aspects in the activities. This will be the second year it will run - it
		was very well received last year with approximately 180 tamariki attending.
49	Filipino Community in	Christmas get-together for the Central Otago Filipino community to relax and connect with family and
	Central Otago NZ	friends by sharing food, socialising and having fun together.
50	(FCCONZ) Queenstown Lakes	Uset Taiwanese traditional factivals in the coming year, mainly for the Taiwanese community in the
50	Taiwanese Community	Host Taiwanese traditional festivals in the coming year, mainly for the Taiwanese community in the Queenstown Lakes district (about 50 in Queenstown and 10 in Wānaka).
51	Skal Queenstown	Skal's Coffee Connect is a highly successful monthly get-together for members and invited guests from
51	Shar Queenstown	the tourism and hospitality industry. It's an opportunity for attendees to share what's going on in their
		business with like-minded people in a safe environment. Discussions range from problem shares to
		successes.
52	Local Variety Concert,	A variety concert to showcase local talent from all over the globe on 16 March 2024. It's planned to
	Cromwell	coincide with Unity Week (15-21st March) which is an initiative created by the women who lost their
		husbands in the 2019 Al Noor Mosque attacks. Unity Week strives for a socially cohesive society while
		remembering and honouring the lives lost in the attack.
53	St John Major Incident	Resources to allow St John's 12-strong volunteer Central Otago Major Incident Support Team (MIST) to
	Support Team	have their welfare taken care of so that they can look after staff on the frontline of any incident involving
		an increased number of patients. These may include natural disasters, incidents like a passenger vehicle
E 4	Fiordland Mallheime	crash or large planned events like sporting events, markets, A&P shows etc.
54	Fiordland Wellbeing Collective	Support for an end of year 'Art Fun Night' to bring the Fiordland Wellbeing Collective together to socialise, relax and connect as individuals after an intense few years supporting the community through
	CONECTIVE	the COVID pandemic and the ripple effect it's had on community wellbeing. It's also a chance to thank
		the members for the work they do in the local community. The group comprises counsellors, support
		workers, wellbeing providers, and anyone with a wellbeing support role in the community.
55	Queenstown	Support for an event which brings the club's tamariki, whānau and volunteers together to celebrate the
	Associated Football	achievements of the children and their growth in the sport as well as helping to foster a sense of
	Club	community which is important to the club's culture. It's also a chance to share information about the
		club's programmes and encourage people to join in and be active, social and connected.
56	Mararoa School	Support for a water safety skills programme at Lake Te Anau for the school's 45 students and
		accompanying adults as part of the '2024 Students/Tamariki Key Learning' which provides an opportunity
		to learn life-long skills. It includes water safety around boating (including correct use of life-jackets, what
		to do if you fall off a boat/biscuit, importance of keeping boats and equipment clean) learning about
		water safety from land (e.g. how to detect if the water is safe to enter, things to look for, keeping our waterways safe and healthy), safely taking risks around water (e.g. learning a new water skill – sailing,
		boating, snorkelling, fishing etc.) and what to do to keep safe and healthy around water (using St John
		personnel to demonstrate what to do if someone is found unconscious in water, how drowning occurs
		and how to prevent it, performing CPR), landmarks around the lake (e.g. buoys and what they indicate).
		Keeping fit and healthy using water sports such as open water swimming and kayaking will be discussed
		as healthy body-healthy mind is a vital life skill to learn and practice.
57	Fiordland Creative Fibre	Skills and learning workshops to be held in the Fiordland community using tutors from the wider Creative
	Group	Fibres organisation.
58	Learning Differences	Activity-based experiences for children with learning differences in the Fiordland area to build
	Fiordland	strong/stronger relationships with their peers and grow their confidence.
59	Fiordland Antenatal	A free Pregnancy Pilates programme run by a qualified teacher and physio in the first 30 minutes of the
	Group	social antenatal group catch-ups in Fiordland - an informal evening 'coffee' group which runs monthly,
		giving women access to social connection, professional knowledge and shared antenatal experiences.
60	Wakatipu Senior	A 5-session Autumn Arts and Activities Calendar of physical and creative activities for Queenstown senior
	Citizens Association	citizens. The sessions include the Feldenkrais Method which uses movement and awareness to unlock
		potential and improve quality of life, a fun-packed mindful movement class, an art workshop, an origami workshop, and a tapestry poetry workshop which takes the seniors on a creative journey, weaving the
		threads of their memories, emotions and experiences into a beautiful fabric of verses.
61	The Key Playgroup,	Support for a twice-a-week playgroup for rural parents and kids in the Fiordland area to bring them
-	Fiordland	together for social connection and activities.
62	Cromwell Community	Host and co-facilitate Working Well Tradies Breakfasts. The aim is to bring small groups of businesses
	House	together over breakfast to raise awareness of the importance of mental health and fitness in a group
		setting that is less confronting than one-to-one. The 5 Ways to Wellbeing, and how these can be applied
		in construction/trade settings, will also be shared.
63	Fiordland Community	Support for a weekly Newcomers Coffee and Chat group in Te Anau for individuals and families who are
	House	new to Fiordland, whether they are migrants from other parts of NZ or the world. The group will be
		hosted by the Fiordland Newcomers Working Group who will provide a warm welcome to newcomers
		and information on how they can connect into the community, learn about events, volunteer
<u> </u>	1.4/ <del>-</del> 1.5.	opportunities and services available to them, and answer any other questions they may have.
64	Wānaka Nepalese	A get-together for all Nepalese community members living in Upper Clutha region to celebrate Christmas
•	Society Inc	and New Year 2024 along with Tamu Lhosar (New Year for Gurung Community).

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65	Southern Lakes Branch	Club shoot on Mt Dewar to help with the goat problem, followed by a Xmas BBQ at Lake Hayes where
	NZ Deerstalkers Assoc	families and new members can meet each other over a social event.
66	Queenstown Lakes District Clued Up Kids	Support for this collaborative interactive safety programme which is designed to instil confidence and develop life skills in year six children (10 and 11 year olds). Held at Queenstown Events Centre and Wānaka Recreation Centre, more than 600 students from schools around the district attended last year. Children participate in 9 different hands-on activities and learn a range of skills including how to stay safe on the water, what to do in a fire or earthquake, and how to keep their pets safe in an emergency. The lessons are practical and fun and involve escaping through a fire tunnel, experiencing what an earthquake feels like on the shaky trailer, and solving mysteries with Police clues. Each activity is led by a different community agency - Civil Defence and Emergency Management, Fire and Emergency New
	Milford's Got Talent	Zealand, Police, Sport Otago, Harbourmaster, Coastguard, Sport Otago, local Youth Trusts, Land Search and Rescue, and Animal Control.
67	Miliford's Got Talent	A talent show social event to bring the Milford Sound community together. Since the closure of the only social venue in Milford Sound, these events are crucial to help people connect, foster a sense of community belonging in a fun way, and encourage people to learn new talents.
68	Queenstown Lions Club Charitable Trust	The funding will support a free sausage at the Queenstown Teddy Bears Picnic on 27 January 2024 prepared and cooked by the Queenstown Lions Club. As well as benefiting the community attending (approximately 1,500) and the supporting organisations like Plunket, Happiness House, the Fire Brigade and NZ Police, it also connects the Lions Club members, who provide their time as volunteers.
69	Blue Light Te Anau	Blue Light Te Anau works alongside all 3 district schools and home-based learners. It has a strong relationship with other community organisations under the Police umbrella, including Nga Kete, Fiordland Community House, Fiordland Outdoor Play Group, Waka Ama club. These youth events will include the climbing wall and trampoline club at the Events Centre and waka ama lessons on the lake for youth aged 14 to 17 years, and focus on developing leadership, practical skills and self-confidence.
70	Go Latinos for NZ, Queenstown	Support for a fitness and wellness initiative tailored specifically for Latina women in Queenstown, aiming to promote holistic wellbeing by combining physical activity with mental health strategies. The boot camp comprises a series of engaging and empowering activities designed to cater to physical, mental, and emotional aspects of well-being. Participants will experience a dynamic fusion of fitness routines, mindfulness exercises and culturally sensitive approaches to mental health, fostering a supportive and inclusive community. It aligns with NZ's mental health guidelines and integrates the Te Whare Tapa Whā model, aiming to empower participants to achieve a balanced and holistic sense of wellbeing.
71	Tahuna Kollektif, Queenstown	Funding to continue and expand the Hidden Identities project. Beyondfaces: An Artful Exploration of Diversity focuses on the creation of vibrant masks that reflect the diverse cultural tapestry of the Queenstown community. It will consist of Mask-Making Workshops and Community Art Exhibitions, showcasing the masks at Arrowtown Autumn Festival Parade (27 April) and Queenstown Gardens.
72	Lake Hayes A&P Show 2024, Queenstown	The theme for the 2024 show is mental health and community wellbeing. The funding will support bringing mental health advocate Matt Chisolm in as a special guest. A farmer and TV personality, Matt has had personal experience of mental health struggles and will share ways rural communities can support each another, what tools he uses to help manage his anxiety and remain mentally fit for life, what tools are out there, and how we can all help people who are struggling.
73	Calzones Rotos, Queenstown	The 'Calzones Rotos' podcast aims to connect with the Spanish-speaking community and build a community that shares similar interests and challenges as immigrants. It will deliver a message of positivity and identification through relaxed and enjoyable conversations with the goal of helping immigrants feel more involved and closer to their roots. Through various topics and stories, the audience will be invited to participate and interact via social media and by sharing their own experiences.
74	MINT Charitable Trust, Wānaka	'Make it MINT' is an introduction to upcycling for individuals with intellectual disabilities. The funding will support 4 x 2 hrs adaptive sewing workshops within the local sewing space Fabricate at the Wānaka Community Workshop. The members will help the group learn new skills so that they can mend, alter and reuse clothing destined for landfill and give it a new life and are off the back of the highly successful woodwork sessions already held at WCW. The sessions need high support ratios and skilled facilitation to give MINT members autonomy whilst working safely, and for them to pursue their own creative ideas for upcycling individual items.
75	Latinos in Cromwell	A half day meeting/celebration for Christmas and New Year to connect the permanent local Latino community and invite the many Latinos working for the cherry season in Cromwell.
76	Central Otago Tongan Community	Bringing the Tongan community together for a Christmas gathering and sports day.
77	Creative Journaling Workshop, Te Anau	The one-day workshop, which includes kai and movement, prepares participants to begin a creative journal as an outlet for the thoughts they experience and incorporate daily journaling practices to awaken their creativity, relieve stress and calm the mind. During the workshop participants learn how to make observations using all of their senses, speed writing, collaging, found poems, writing prompts, and non-technical art practises such as blind contour drawing.
78	Te Anau School	Support the purchase of Lego kits for Lego-based therapy which is an evidence-based social skills programme developed for people on the Autism spectrum. It also works for a wide range of students (not just those with ASD) and helps to foster collaboration and develop social and emotional skills in a safe environment.

	Group name	Description of activity/event
79	Carers NZ, Queenstown and Cromwell	Carers NZ supports family carers who assist whanau who are frail, unwell, or have health conditions or disabilities. This project will be to host carer get-togethers in Queenstown and Cromwell to hear from carers about how they are doing after the stresses of COVID-19. The carer meetings will provide an opportunity for carers to connect for learning, sharing, and fun and will help gather feedback for input into regional and national reports about carer wellbeing.
80	Sport Southland, Fiordland	The funding will cover the cost of continuing the successful monthly Coffee Connection for Fiordland Seniors between February and August 2024, hosted by a local support worker. It provides a safe space for social connection and facilitated conversations and helps increase awareness of other community groups and activities the participants can attend.
81	Gibbston Community Association	Support for a noticeboard on the reserve which will provide information to locals and visitors about the area and projects such as its proposed Dark Sky Park Status.
82 83	Glenorchy School Te Atamira Whakatipu Community Trust, Queenstown	Funding for art sessions with a specialist art teacher to teach the 5 Ways to Wellbeing and school values. Funding to support Te Atamira develop its outside area into a thriving, welcoming and accessible outdoor community space which enables people to play outdoor games, enjoy their lunch outside, attend an arts event or just spend time with family and friends. Since opening in May 2022, Te Atamira has welcomed nearly 100,000 visitors since it opened in May 2022 and continues to work towards its vision of being a platform for creativity to flourish for everyone, every day.
84	African Drumming and Dance Workshop, Cromwell	Free evening music workshop/s open to the whole community, especially the large RSE worker population who are mostly from Vanuatu and Fiji. Schools in the area may also get involved.
85	Queenstown Business Chamber of Commerce	Netwalking is a new initiative targeted at small business owners to help them connect with others in the business community, meet new people and get out in the fresh air. Facilitated by the Chamber team, 20- 30 business owners will be invited to participate, meet in Queenstown, grab a coffee, and then hit the trail around Queenstown Gardens, with conversation and fun along the way.
86	Fiordland Families Network	Funding to fill a gap for parent education in Fiordland, particularly the most vulnerable families, as there are currently no providers. A social worker and an accredited facilitator will run a free Circle of Security parenting programme for 8 weeks during Term 1, 2024. It would be promoted through the local schools, Nga Kete and other local support agencies.
87	Mt Aspiring College (MAC), Wānaka	The funding will be used to purchase board games and play resources that can be used collaboratively to enhance student wellbeing though learning, trying new activities, keeping the brain active and having fun. It will help build stronger connections within the student community.
88	Songbirds Choir, Queenstown	Support for two hosted performances, one mid-year and one towards the end of the year to share the songs learnt with friends, family and the wider community and spread the joy of performing.
89	Plunket Queenstown Remarkable Mums	Covering the Wakatipu basin, this peer support initiative is a collaboration with local health providers, Plunket nurses and social service agencies which refer community members to the group. The group is free and holds bi-monthly meetings to help mothers grappling with parenthood challenges or experiencing postnatal depression to connect with others facing similar struggles.
90	Queenstown Primary School	A staff wellbeing workshop focusing on connecting, slowing down and celebrating wins through visual arts and mediation exercises to help the team manage the impacts of various disruptions including the rebuilding of the school and COVID pressures. These new skills will also be passed onto the students.
91	Central Lakes Family Services	Support for a New Year Queenstown Interagency hui to share kai, laughter, hope and new year goals for the communities the group serves. Interagency comprises locals who work in in health/social services, community development or the wider community interests to share learnings, themes, new services and events as well as welcoming new staff and building whakawhanaunga with the wider group.
92	Wakatipu Garden Club	Funding for 'A twist on flowers' art workshop to connect existing members and welcome new members in the new year. It will include painting flowers, origami flowers or creating felted flowers.
93	Central Lakes Breastfeeding Charitable Trust	Support for a 'Nurturing mama, pepi & whanau in-pregnancy wananga' pilot, engaging with expectant parents in the Whakatipu. It will connect them with those who can help after their baby is born and give insights into three significant influences on whānau wellbeing - parental mental health, breastfeeding, and musculoskeletal health. These monthly sociable two-hour wananga will be coordinated by a skilled and experienced facilitator with time for kai, korero and whanaungatanga.
94	Te Anau Waitangi Charitable Trust	Assistance to run a free whānau-friendly concert in the Lions park for Waitangi celebrations on 3 February 2024. The theme will be "Whiria te Tangata" - Weave the People Together. There will be performances for all to enjoy from Nga Herenga Waka kapa haka, local musicians, and children's and adult sets from the talented Anika Moa.
95	Queenstown Gaels Inc	Support for a one-day breathwork workshop as part of the group's mindfulness activities. The Gaels' membership has grown rapidly as ex-pats from countries other than Ireland have learned that the club's aim is to connect communities through Gaelic football rather than the sport being the sole focus. Other mind/body connection activities the club has already run have been really well received.
96	Mums 4 Mums Cromwell	Start a Toddler Time group to cater for the mums who drop out of the New Babies group once their children start moving. Their needs are the same – they still need a social outing, someone to talk to, to share stories and to connect with as their children grow and change.
97	Te Anau Community Events Charitable Trust	Building on the success and feedback from those who attended the Winter Coworking Series, Te Anau Events would like to host a Work & Wellness Summer Coworking Series, inviting a broad range of local professionals connect weekly and experience the wellbeing benefits of coworking.

	Group name	Description of activity/event
98	Alzheimers Society, Wānaka	Activity support for Aspiring Wanderers, a Dementia Day Club programme run weekly in Albert Town, Wānaka, for 3.5 hrs each session. The club is for people with mild to moderate dementia.
99	Te Anau Pottery Club	Support for a Saggar Firing pottery workshop and public demonstration at Te Anau's Anzac Reserve in mid-January to encourage community interest and participation.
100	The Mental Health Peer Support Group, Wānaka	Based on the success of the pilot programme, further support is granted to run 10 free ukulele sessions at the Community Hub in Wānaka. The sessions have appealed to all ages, particularly older people.
101	Fiordland Business Association	In 2024, each FBA after-hours business networking session will include a wellness theme centred around each of the Five Ways to Wellbeing. Each networking event will include an activation for attendees to share, listen and discuss practical strategies relating to the theme. This will provide opportunities for businesses to prioritise wellness, foster connections, and contribute to the overall thriving and supportive business community in Fiordland.
102	Wriggles & Rhyme Rehab Time, Queenstown	A pilot programme at Te Atamira for two sensory, interactive 1.5 hr workshops offering a unique creative learning space dedicated to babies (up to 2 years) and pre-schoolers (toddlers/walkers to 5 years) with special sensory and physical needs. The programme has been designed in response to a need identified by local health providers and will be run in collaboration with both local private and public health-related support services.
103	Headwaters Charitable Trust, Glenorchy	Contribution for a staff training and development day. Headwaters is a non-profit organisation committed to helping communities thrive economically and enhance recreational opportunities while promoting environmental sustainability. The hard-working team always focuses on giving back to the community and this will give them the opportunity to take time to look after themselves.
104	Lilliput Library, Northlake, Wānaka	Set up a Lilliput Library for the community in Northlake, Wānaka to help connect locals, improve their literacy, communicate with others and share stories. Wānaka Library will advise on the books provided.
105	Fiordland Waka Ama Club	Fiordland Waka Ama Club recently received a waka on loan while it raises the funds to buy its own community waka. In celebration of this koha which will help the club to continue to grow, club members will host a BBQ and a have-a-go waka day for the wider community.
106	Te Anau Chinese Community	Support for the Te Anau Chinese community to hold a Chinese Lantern Festival at the end of February. The festival is an opportunity for the local Chinese community to connect with each other and celebrate their cultural heritage. The wider Te Anau community will also be invited to celebrate with them and learn more about their culture.
107	Fernhill and Sunshine Bay Community Assoc, Queenstown	Contribution towards a free residents' Christmas party in a local park to help neighbours connect with each other through music, food and fun.
108	Arrowtown Community Pre-School	Funding towards a nature-based community programme involving a visit to the Whakatipu Reforestation Trust Native Tree Nursery and a whānau BBQ/planting of 100 native tree shrubs from the nursery.
109	Te Anau Mainly Music	An end-of-year Christmas morning tea for the families with preschoolers who attend the music and movement sessions in Te Anau to connect and socialise.
110	Te Waiau Mahika Kai Trust, Fiordland	Funding to facilitate a series of Harakeke (flax) weaving sessions in the Te Anau basin will serve as a hub for individuals interested in weaving and offer a neutral and supportive space for practice and connection. Participants will experience the joy of weaving together, forming new friendships and sharing stories. The drop-in sessions aim to foster a sense of community, providing an opportunity for individuals to come together, share knowledge, and engage in the rich cultural practice of Raranga/harakeke weaving.