

Position Description

Role Title: Registered Nurse (RN)

Report To: Charge Nurse Manager

Accountable to: Executive Director of Nursing and Midwifery

Location: Otago

Role of the District Health Board

Our Vision:

• Better Health, Better Lives, Whanau Ora.

Our Mission:

- We work in partnership with people and communities to achieve their optimum health and wellbeing.
- We seek excellence through a culture of learning, enquiry, service and caring.

Our Values:

Kind Manaakitanga	Looking after our people: we respect and support each other. Our hospitality and kindness foster better care.
Open Pono	Being sincere: we listen, hear and communicate openly and honestly. Treat people how they would like to be treated.
Positive Whaiwhakaaro	Best action: we are thoughtful, bring a positive attitude and are always looking to do things better.
Community Whanaungatanga	As family: we are genuine, nurture and maintain relationships to promote and build on all the strengths in our community.

Our Statutory Purpose:

- To improve, promote and protect the health of our population.
- Promote the integration of health services across primary and secondary care services.
- Seek the optimum arrangement for the most effective and efficient delivery of health services.
- Promote effective care or support for those in need of personal health or disability support services.
- Promote the inclusion and participation in society and the independence of people with disabilities.
- Reduce health disparities by improving health outcomes for Maori and other population groups.
- Foster community participation in health improvement, and in planning for the provision of, and changes to the provision of services.
- Uphold the ethical and quality standards expected of us and to exhibit a sense of social and environmental responsibility.

Purpose of the Role

Registered Nurses use nursing knowledge and judgment to assess health needs, provide care and to advise and support people to manage their health.

They practise independently and in collaboration with other health professionals, perform general nursing functions, delegate to and direct enrolled nurses and healthcare assistants and others. They provide comprehensive assessments to develop, implement and evaluate an integrated plan of health care, and provide interventions that require substantial scientific and professional knowledge, skills and clinical decision making. They do this in a range of settings in partnership with individuals, families, whanau and communities.

Registered nurses may practise in a variety of clinical contexts depending on their educational preparation and practice experience.

They may also use this expertise to manage, teach, evaluate and research nursing practice.

Registered nurses are accountable for ensuring that all the health services they provide are consistent with their education and assessed competence, meet legislative requirements and are supported by appropriate standards.

Some registered nurses will have conditions on their scope of practice, if their qualifications or experience limit them to a specific area of practice.

http://nursingcouncil.org.nz/Nurses/Scopes-of-practice/Registered-nurse

Organisational Competencies	
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Customer Focus	Is dedicated to meeting the expectations and requirements of internal and external customers; gets first hand customer information and uses it for improvements in products and services; acts with customers in mind; establishes and maintains effective relationships with customers and gains their trust and respect.
Integrity and Trust	Is widely trusted; is seen as a direct, truthful individual; can present the unvarnished truth in an appropriate and helpful manner; keeps confidences; admits mistakes; doesn't misrepresent him/herself for personal gain.
Drive for Results	Can be counted on to exceed goals successfully; is constantly and consistently one of the top performers; very bottom line oriented; steadfastly pushes self and others for results.
Managing Diversity	Manages all kinds and classes of people equitably; deals effectively with all races, nationalities, cultures, disabilities, ages and both sexes; hires variety and diversity without regard to class; supports equal and fair treatment and opportunity for all.
Role Specific Competencies	
Priority Setting	Spends his/her time and the time of others on what's important; quickly zeros in on the critical few and puts the trivial many aside; can quickly sense what will help or hinder accomplishing a goal; eliminates roadblocks, creates focus.
Managing and Measuring Work	Clearly assigns responsibility for tasks and decisions; sets clear objectives and measures; monitors process, progress, and results; designs feedback loops into work.
Interpersonal Savvy	Relates well to all kinds of people - up, down, and sideways, inside and outside the organization; builds appropriate rapport; builds constructive and effective relationships; uses diplomacy and tact; can defuse even high-tension situations comfortably.

Key Relationships Internal External **Executive Director Of Nursing and Midwifery** Patients, Families and Whanau Nursing Council/Midwifery Council **Nurse Directors** Nurse Manager Directorate Leadership Team Other District Health Boards Clinical Nurse Coordinators **HWNZ** NZNO and other relevant professional colleges of nursing and Nursing staff Medical staff midwifery Allied Health Community Members Administration staff **Educational Institutions** Southern DHB wide staff PHO GP's **Duty Manager** NGO's and Aged Care Sector

Knowledge, Experience and Skills Required

- Be registered with the Nursing Council of New Zealand as a Registered Nurse
- Hold a current Nursing Council of New Zealand annual practising certificate
- Have advanced communication techniques such as conflict resolution, diffusion and mediation skills.
- Be a critical consumer of research and embrace evidenced based practice when carrying out any task/function.
- Demonstrate professional accountability within scope of practice
- Have a commitment to ongoing development of nursing skills and in-service education.
- Have as a minimum a competent Professional Development and Recognition Programme (PDRP) profile/portfolio or equivalent
- Adhere to the DHB's policies and procedures
- Have the ability to work as part of a team.
- Have ability to 'work together' in a collaborative manner
- Have ability to 'work smarter' by being innovative and proactive
- Accept responsibility for actions
- Be prepared to undertake other duties as reasonably requested by Nursing Director

Fitness

A reasonable level of fitness is required to cope with the demanding physical requirements of the job.
The following denote the key physical requirements for the position: standing, walking, bending, sitting,
stairs, simple grasping, fine manipulation, operating machinery / equipment, lifting, overhead reaching,
carrying, pushing / pulling, twisting, climbing / balancing, crouching / squatting, manual handling of
people, other reaching, and ability to participate in personal restraint if required.

KEY ACCOUNTABILITIES	DELIVERABLES (based on NCNZ competency)	EXAMPLE MEASURES (Not all measures will be met. Area specific measures may also be included)
To demonstrate professional responsibility, complying with DHB vision, purpose, values, policies and procedures.	 Accepts responsibility for ensuring that his/her nursing practice and conduct meet the standards of the professional, ethical and relevant legislated requirements. Demonstrates the ability to apply the principles of the Treaty of Waitangi to nursing practice. 	 Meets and maintains organisational mandatory requirements for nurses Attains and maintains area specific mandatory requirements and key accountabilities Engages in appraisal systems with manager Professional Portfolio current—PDRP preferred Portfolio APC

KEY ACCOUNTABILITIES	DELIVERABLES (based on NCNZ	EXAMPLE MEASURES (Not all
	competency)	measures will be met. Area specific measures may also be included)
	 Demonstrates accountability for directing, monitoring and evaluating nursing care that is provided by enrolled nurses and others, and utilises more experienced RNs to assist with problem solving and setting priorities. Promotes an environment that enables patient safety, independence, quality of life and health. Practices nursing in a manner that the patient determines as being culturally safe. Reads and adheres to DHB vision, values, policies and procedures. Represents the organisation and the nursing profession in a committed manner, projecting a professional image of pursing 	 Adhere to policies and procedures Respect for others Partakes in regular team meetings engaging in discussion Presents self in a tidy and professional manner Promotes health utilising teachable moments Adheres to policy – ID badge worn on person at all times
To demonstrate professional accountability in the management of nursing care embodying the Code of Health & Disability Services Consumer Rights and HIP Code and HDC	 Provides planned nursing care to achieve identified outcomes. Undertakes a comprehensive and accurate nursing assessment of patients in a variety of settings. Ensures the patient has adequate explanation of the effects, consequences and alternatives of proposed treatment options. Acts appropriately to protect oneself and others when faced with unexpected patient responses, confrontation, personal threat or other crisis situations. Evaluates patient's progress toward expected outcomes in partnership with patients. Validates and documents decision-making and outcomes based on nursing knowledge and clinical experience. Recognises early and subtle changes in the patient's health status and/or circumstances and intervenes appropriately and promptly. 	 Professional Portfolio maintained(PDRP preferred) Engages in appropriate audit Mandatory certification current Ensures documentation is accurate and maintains confidentiality of information Meets NCNZ requirements for APC Proactive in sourcing appropriate information and/or referral for patients and families Seeks and engages in professional development of self and others Use of appropriate assessment tool Assessment reflects current health status Completed restraint/deescalation workshop/training Use of appropriate referrals Utilises ISBAR and escalates as appropriate Aware of own scope and scope of others Engages in peer review procedures Accesses and utilises appropriate resources to educate patients and families

KEY ACCOUNTABILITIES	DELIVERABLES (based on NCNZ competency)	EXAMPLE MEASURES (Not all measures will be met. Area specific measures may also be included)
To demonstrate effective interpersonal relationship skills	 Acknowledges own limitations of knowledge in complex situations and utilises appropriate resource people when necessary. Provides health education appropriate to the needs of the patient within a nursing framework. Teaches patients and family groups effectively by assessing learning readiness; providing teaching; evaluating knowledge and lifestyle changes and maximising opportunities for patient learning and independence. Reflects upon, and evaluates with peers and experienced nurses, the effectiveness of nursing care. Continues to advance clinical knowledge and skills through self-learning, ward teachings, inservice education and external programmes as approved by his/her line manager. Works collaboratively with all members of the health care team to ensure staff receives high quality education input and support. Promotes cost effective clinical nursing practice. Promotes a collaborative model of care, teamwork, handover practices, and rapid rounding strategies to enhance patient delivery as appropriate. Establishes, maintains and concludes therapeutic interpersonal relationships with 	 Accesses and utilises appropriate resources to educate patients and families Observed sharing knowledge with others Engages in education of peers Completes incident reports to identify and manage risk Maintains professional development. Data entry and accurate Is responsible in appropriate use of technology and social media within clinical settings (as per NCNZ Code of Conduct and social media policy) Participates in teaching others, including students of nursing. Shares patient information appropriately with other involved health professionals Actively teaches and supports patients in independence and self-care as appropriate Identifies deficits in clinical and professional competencies of individuals and takes appropriate action to support achievements of the same and raise appropriately to nurse manager. Uses technology to communicate effectively Communicates in an appropriate and professional manner, verbal and written
	 Practises nursing in a negotiated partnership with the patient and family/whanau where and when possible. Communicates effectively with patients and family/whanau and members of the health care team. Maintains privacy and confidentiality in accordance with HIP Code, DHB policies and procedures etc. 	 Privacy Act, Informed Consent and Code of Rights adhered to Abides by NCNZ Code of Conduct and Professional Boundaries guidelines

KEY ACCOUNTABILITIES	DELIVERABLES (based on NCNZ competency)	EXAMPLE MEASURES (Not all measures will be met. Area specific measures may also be included)
	Behaves respectfully and with tolerance towards patients, colleagues and members of the wider healthcare team	
To participate in interprofessional health care and quality improvement	 Collaborates and participates with colleagues and members of the health care team to facilitate and co-ordinate care. Recognises and values the roles and skills of all members of the health care team in the delivery of care. Initiates referrals to other members of the health care team in a timely manner. When required, assists in formulating and reviewing nursing standards, procedures and guidelines. 	 Initiates timely referrals to other services in timely and thorough manner Engages in team and MD meetings as appropriate Engages in and initiates appropriate audit processes Attends MDT meetings to progress patient through health care journey Consistently participates and where appropriate coordinates multi-disciplinary team meetings and family conferences, representing the nursing perspective of patient needs, and enacting outcomes appropriately. Appropriate representation eg. infection control, quality role, pressure injury Participates in activities which monitor/audit delivery of quality patient care eg, certification processes, and current or retrospective nursing audits. May be the ward/department representative on professional nursing and/or other committees. Shares s knowledge and networks with nursing colleagues within and external to DHB. Engages in submission processes Develops and/or participates in activities which monitor and audit nursing practice and quality patient health
Quality and Risk	Adherence to Southern DHB Performance Excellence and Quality Improvement Strategy.	 outcomes. Demonstrates competence in emergency procedures, e.g. fire, and CPR

KEY ACCOUNTABILITIES	DELIVERABLES (based on NCNZ competency)	EXAMPLE MEASURES (Not all measures will be met. Area specific measures may also be included)
	 Works collaboratively with Occupational Health, Quality and Risk and Infection Control to maintain organisational standards. Reviews and implements systems to ensure that processes to establish monitor and review the service specific standards of practice and indicators of clinical practice for nursing are established and maintained. Demonstrates an understanding of risk, identifying emerging risks and ensuring risk mitigation action plans are developed and followed through. Demonstrates a sound understanding of the Southern District Health Board quality management framework, contributing to and leading quality initiatives. 	 Completes Fire, CPR training and updates regularly as required by DHB's policies and procedures. Identifies, takes appropriate action and promptly reports clinical, Occupational Safety & Health and security incidents Evidence of assisting in the maintenance of ward equipment and where necessary, promptly reports unsafe or malfunctioning equipment Maintains standards for safety, hygiene and medico-legal requirements
Self-Management	 Develops logical and complete plans to resolve issues. Manages own time adopting a disciplined approach to establishing and following priorities of work. Exhibits self-confidence. Engages in appraisal. 	Relationships are developed and maintained with own peer group for robust peer review and support.
Health and Safety	Southern District Health Board is committed to achieving the highest level of health and safety for its staff. You are expected to take initiative and identify report and resolve issues that may cause harm to themselves or others in the organisation. As an employee of the Southern District Health Board, the health and safety of clients and colleagues, as well as your own, are your responsibility. You are expected to work safely at all times, and to actively participate in health and safety programmes in your area. It is expected that you will report all accidents or potential hazards to your manager.	 Meets and maintains organisational and area specific mandatory requirements. Familiar with hazard register for area.

KEY ACCOUNTABILITIES	DELIVERABLES (based on NCNZ competency)	EXAMPLE MEASURES (Not all measures will be met. Area specific measures may also be included)
Cultural	 Committed to and practices in a way that meets obligations under the Treaty of Waitangi, giving effect to the principles of Partnership, Participation and Protection and apply these principles to practice Understands cultural safety as embracing and encompassing a wide range of beliefs and ethnicities, gender, sexuality, religious beliefs 	 Practices ensure Maori have equitable access to appropriate health care Recognises tikaka best practices Have attended cultural education training as per organisational requirements. Familiar with NCNZ cultural safety document Ensures ethnicity is completed accurately Cultural beliefs/values are identified and included in care planning Works collaboratively with Pacific Island and Maori Health workers Utilises cultural resources to meet patient/whanau needs

Note: The above example measures are provided as a guide only. The precise performance measures for this position will require further discussion between the job holder and manager.

I have read and understand the above job description:

Name:	 (Please Print
Signed:	
Date:	

PERSON SPECIFICATION – District Nursing Service

General Service Statement

District Nurses provide community based services to people from the greater Dunedin area. Referrals come from inpatient areas, private providers and primary care.

Work Experience/Qualifications

- Registered Nurse with current Annual Practising Certificate
- One year post registration experience
- Current professional portfolio, or completion of same within 12 months
- Current driver license with good driving record

Skills/Knowledge

- Demonstrate a genuine interest in working in the community
- Sensitivity when dealing with clients and families, the general public and staff as appropriate
- Ability to work autonomously as well as within a team
- Excellent written and oral communication skills
- Demonstrated time management skills
- Demonstrated competence with computers
- Commitment to completing mandatory training and self-learning packages as required by the service and organisation within agreed timeframes e.g. IV certificate, LTVA, Tikaka orientation etc
- Assess, plan, provide nursing intervention and document and evaluate care delivery
- Experience in wound care management and palliative is an advantage
- Participate in the Health Assessment modules if possible
- Willingness to undertake post graduate education related to clinical issues common in the community
- Commitment to being actively involved in quality processes including audits.
- A high degree of self-motivation, willingness and self-responsibility to maintain and extend clinical knowledge, and share this with colleagues

Attributes

- High personal, professional and clinical standards
- High personal credibility
- Excellent organisational skills
- Effective interpersonal skills to establish good relationships with clients, their families as well as colleagues within the DHB and throughout the healthcare sector
- Be flexible in duties enabling cover for annual, sick and education leave
- Commitment to personal and professional development
- Acknowledge and build on existing clinical and professional links and relationships

A reasonable level of fitness is required to cope with the demands of the job. The following denote some of the key physical requirements for the position:

Standing, walking, bending, sitting, stairs, simple grasping, fine manipulation, operating
machinery / equipment, lifting, overhead reaching, carrying, pulling / pushing, twisting, climbing
/ balancing, crouching / squatting, manual handling of people, other reaching plus good vision
and hearing (using aides if required).