

## Summary sheet

### Te Hau Toka Connecting Communities Fund: Successful Applicants

Round 5: 20 March 2023

Group name		Description of activity/event
1	Art workshop Queenstown	A free painting workshop at Te Atamira which gives drawing tools and basic knowledge of painting to people who have never had the chance to paint. This will also help create a group that continues to informally develop artistic exhibitions and activities locally.
2	LUMA Light Festival Trust	Extending the LUMA community to Cromwell for those unable to attend the event in the Queenstown Gardens - a 3-hour free workshop on 27 May with a wellbeing theme facilitated by a LUMA artist. Participants can create their own gratitude practice by creating a sculpture decorated in glow in the dark paint and display it in their home.
3	Lake Hawea Community Centre Outreach Programme (Seniors, Families and Migrants)	Family Nights for families with young children. This will include a toy box activity centre for the community which will be housed at the community centre. The local Mens Shed will build it and it will have toys, puzzles, books, colouring in items, games etc. Some funding will also go toward an easter egg hunt.
4	Brazilian Church anniversary and Biblical Seminary	Helping the Brazilian communities living in Wānaka, Queenstown and Cromwell and others from around NZ connect through 3 days of worship, social activities and shared meals. The celebration will be held at Wānaka Community Hub and the Wānaka Presbyterian Church
5	Malaysia, Singapore & Brunei Group/Society	Various events such as potluck gatherings, outings, family events, and a Malaysia Independence Day celebration. The group aims to connect all the Malaysian, Singaporean and Bruneian people in the Otago region – about 80 people, mainly from around Queenstown, but also some from Wānaka, Te Anau, and Cromwell. The purpose is to support those in need, share ideas, and communicate with one another.
6	Curious Talks Queenstown	Public talk at Queenstown's Starkwhite Gallery by art historian and curator Associate Professor Susan Ballard (Victoria University of Wellington) about how art helps us think about our place in the world in the context of a changing climate.  Art is an increasingly present and powerful way of developing meaningful connection with urgent societal issues such as climate change. Creative practices and approaches can help expand our imaginaries of the future, opening up minds to new scenarios of change.  Art's potential to transform society and inspire feelings of hope, responsibility, and care is well-known. Studies show that artistic practices can create openness and access to different sources of cognitive, emotional, and sensual experiences. In offering a forum to think deeply about arts and the environment, this talk aims to explore how art helps us think about our place in the world in the context of a changing climate/environment.  In light of the current climate emergency and pandemic, the wider concern of this event is underpinned by a desire to think seriously about the implications of the whakatauki "Ka Ora te Whenua, Ka Ora te Tangata / "When the land is well the people are well."
7	Wakatipu High School	The WHS library is a large open space that over 1,000 people walk past each week. The funding will be used to purchase wellbeing resources based on the Five Ways to Wellbeing to help enhance student and teacher wellbeing. The resources and activities can be peer/teacher-led or participants can use them independently.
8	St Joseph's Primary School	Year 7/8 Akonga Rangatira (student leaders) will attend 'The Mule' to complete the 'Thunderbolt' leadership course. This is a half day course that focusses on developing communication skills, obstacle training, team challenges and motivational consequences.
9	Latinos for NZ	Funding to support the Latino Kiwi Festival, organised by Latinos for New Zealand, in Queenstown. This will be a vibrant, inclusive event that celebrates the diversity of the Latino community and promotes cultural exchange with the Kiwi community.
10	Women Circle NZ	Women Circle NZ is a community-driven initiative established in Queenstown in 2021, aimed at empowering and supporting women from the Latino community. The circle provides a safe, inclusive space for women to share ideas, knowledge, and experiences, as well as to develop personal and professional skills.  In 2023, Women Circle NZ plans to expand its scope and invite women from all ethnic communities and Kiwi women to join, creating a diverse and inclusive network of women. The Women Circle NZ seeks to promote positive social integration, diversity, and cultural exchange, while providing a platform for women to connect, collaborate, and grow personally and professionally.
11	Te Anau Waitangi Charitable Trust	Support to hold a Remembrance Night as part of Te Anau's Matariki Festival. Remembering loved ones who have passed on is a significant aspect of Matariki. This will be a meaningful and healing evening, with people gathering together in a park and lighting a lantern to hang in a tree in memory of a loved one. It will be followed by hot chocolate and marshmallow toasting with other attendees.

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12	Kiwi Kit	The Great Migrant Brainstorm brings migrants, and those who care about migrants, together to brainstorm how to better support the Queenstown Lakes District migrant community. Organisations participate to listen to what migrants have to share and it's a great opportunity for migrants from all types of cultures to come together and celebrate diversity.
13	FMC/Fiordland Community House	The Fiordland Multicultural Community (FMC) will host a free Matariki event for the community - a shared community meal which will be free of charge to all. The free kai will be related to the elements associated with Matariki. FMC hosts regular monthly meet-ups (shared dinners/games nights/BBQs) which encourage anyone in the Fiordland community to come along to connect.
14	Queenstown Multicultural Festival 2023	Queenstown Multicultural Festival 2023 aims to celebrate and connect the diverse cultural community of Queenstown. It will provide a platform for community groups to showcase their cultural heritage, build connections with other groups, foster a sense of belonging, and promote overall wellbeing and mental health. The funding will assist the groups in the lead-up to the Festival to develop cultural presentations that are authentic, engaging and culturally rich. It will also be used provide diversity training and resources to help everyone work together cohesively as a team.
15	Queenstown Chinese Chamber of Commerce	Chinese Culture Day is a community-led event with activities that promote positive mental wellbeing by encouraging connection, physical activity, learning, mindfulness, a sense of purpose and belonging, and sharing of culture.
16	Te Anau Neuro Group	Support to trial new activities for the differently abled eg: croquet, bowls, water activities, different appropriate walking paths, visiting museums, gardens and other places of interest around the region.
17	Queenstown Chess Club	Funding of chess sets to expand the Queenstown Chess Club. This is a new social initiative designed to bring people together from all walks of life and have them engage through the common medium of the greatest board game in the world, chess! The club is free for anyone to attend and meets primarily in cafes, bars and restaurants in the Queenstown area. Attendees range in age from teenage to senior.
18	Open Community Sing, Cromwell	Resources to support Open Community Sing in Cromwell. Held at the Cromwell Bowling Club, the group welcomes all ages and stages of life for this wonderful wellbeing activity.
19	Tongan Group – Queenstown and Cromwell	Outdoor activities, BBQ and social connections to bring Tongans together from around the region.
20	Fiordland Womens Club	The Fiordland Womens Club brings together women of all ages in the area for education and social connection. The funding will be used to bring out-of-region guest speakers in to talk to the group about a range of relevant topics.
21	'King of Central' MotoX event, Cromwell	Funding for a 'kids creative area' for the King of Central on 14 May at Cromwell MX Track. When parents and their kids go to these motox events, there is often a need for kids can be entertained and do something between rides/parents riding/to support spectators with kids. This area would reduce the stress of parents with kids and promote wellbeing from the parents and kids to have a safe space to sit, create some art based on motox theme and get in touch with their inner artist.
22	Japanese Family Society of Queenstown	A Wellbeing Clay Art Session at Te Atamira which aims to promote mental and emotional wellness among families in the community and focus on the Five Ways to Wellbeing: connect, be active, take notice, learn, and give.
23	Miharo Murihiku Trust	Support for the annual Miharo Murihiku Trust - Central Lakes Arts Awards and Exhibition in Queenstown. The theme is 'Legends of Our Lands; our stories, our places, our people'. Entries are open to Early Childhood, Primary and Secondary Schools in the Central Lakes and Central Otago regions. The Mīharo Murihiku Trust is a Māori and Pasifika cultural arts trust which facilitates and manages cultural and arts events within the Southland and Central Otago regions. This includes events, workshops, exhibitions and projects underpinned by Māori and Pasifika values, with a strong focus on engaging rangatahi.
24	Lake Hawea Community Centre	Supporting weekly Community Koga Yoga to help people be active, practise mindfulness and build connections.
25	Cromwell Youth Trust	Funding to run a Mana Wahine/Women of Strength Workshop. The aim is to draw in young women between the ages of 12-16 years old (Year 8-11) to connect and try new activities, and support them to create healthy relationships, both with themselves and others. A guided empowerment session, along with a shared meal aims to connect with the group, promote positive wellbeing and healthy relationships.
26	Fiordland College	Create a permanent collection of books in the library to better support staff and student wellbeing. The collection will cover different aspects of wellbeing, including self-help books and biographies.
27	Wakatipu Senior Citizens Association	Bring in "The Clay Station" to run a pottery workshop in the WSCA rooms for complete pottery novices. This would include all tools and materials for a 2-hour session creating mugs and the finished items away

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		would be taken away to be glazed and fired. WSCA members have previously relished creative projects such as creating quilt squares and Christmas wreaths.
28	Southern Lakes NZ Deerstalkers Association	A bush craft course and camp-out up in the Greenstone Valley and up Steel Creek for new and existing members. Getting away from life pressures and switching off from their digital devices is what people enjoy most along with making connections and new friends. They also learn new skills like bush craft and navigation and get more confidence being in the outdoors - often a new thing for many. Through the stoat trap work (volunteering undertaken by the group) attendees can also feel good doing something for their local community and environment.
29	Te Atamira	Senior Arts Social by Te Atamira is a free 8-week immersive art programme for our over 65s community. The funding will support an arts-based session each Saturday morning from 10.30am - 12.30pm. The sessions will rotate through concerts, films, movement classes, art workshops and artist talks.
30	MINT Trust, Wānaka	Three-day music therapy workshop in Wanaka in July. This will be a mix of 1:1, small group and large group music therapy sessions, for kids/youth and adults with intellectual disabilities, along with community members and families.
31	SKAL Business Group, Queenstown	Continue running coffee connection sessions with Queenstown businesses. These have been very successful to date and provide a safe space in which to discuss wellbeing, issues, concerns and topics of the day.
32	Southland Business Chamber, Fiordland	The Chamber will run a Business Wellbeing Breakfast in Fiordland promoting the new <a href="#">First Steps</a> programme which provides nationwide wellbeing support for business leaders and owners. Given the importance of this topic, this session will be open to the wider Fiordland business community, in addition to Southland Business Chamber and Fiordland Business Association members.
33	Over 60s movement class, Te Anau	Funding to support an Over 60s Movement Class. This is a community orientated, drop-in movement/exercise class designed for men and women that are approximately 60+ years, looking to move their bodies to improve health outcomes and overall function. There is strong focus on covering all the aspects of 'fitness', but understand the importance of creating a relaxed, but supportive social environment.
34	Brain Injury Otago	Run free education sessions in the region with refreshments and time for social connection. The first talk in Wānaka will focus on helping people manage symptoms, navigate ACC and tips and strategies for daily living. Wānaka Community Networks will join in to let attendees know what opportunities there are to link up with other support in the community.
35	Te Anau Mainly Music	Two sessions of a 'movement and music' group for pre-schoolers (around 40-50 each session) held at the Lakeside Church every Friday morning of school term time.
36	Te Anau photography workshop	Weekend landscape photography workshop, run by professional photography tutor, which aims to get locals out and about in the landscape, enjoying nature and the scenery. There's good social interaction with a variety of people as well as opportunities to learn new skills and gain a better appreciation for the great outdoors.
37	Fiordland Breastfeeding Peer Supporter Group	Support for the 'Big Latch On' which will include a display of local breastfeeding stories with people's experiences/journeys as well as local breastfeeding support information, information in the Te Anau Trader, and resources for parents.
38	Arrowtown Charitable Trust (ACT)	ACT, with support from the Arrowtown Promotion and Business Association (APBA), will run its successful Matariki Arrowtown Light Festival again on 14 July. The one-day event will weave together visual and auditory storytelling with stunning light displays and performances by local schools in celebration of Matariki, with a strong focus on education and community interaction.
39	Te Anau Events	Run the highly successful Fiordland Community Fun Day again in August. Activities include a climbing wall demonstration followed by Have a Go a fashion show, entertainment by local musicians, obstacle courses (inside & out), arts and crafts, face painting and bouncy castles. Afternoon tea and a BBQ will be provided free of charge.
40	Fiordland Business Association	A series of business mixers to help businesses to connect with each other in a social environment, share their experiences, make connections, and learn more about others in their local business community.
41	South African group Queenstown	A South African Family Day of activities, including lawn games and traditional food. This event will help around 50+ people of similar cultural and historical backgrounds to gather together, connect, share their experiences and support each other.
42	Mums' Night Out Upper Clutha	A series of events for parents of young children in Upper Clutha which provide an opportunity for them to connect socially without their children.
43	Community Yoga for Wellbeing, Wānaka	10 weekly yoga sessions for 90 minutes focussing on physical aspects, meditation, and finishing with a cuppa and a chat, using a locally based yoga teacher. Open to all and great for people people wishing to maintain good mental health, those wanting to improve their physical health and those who want to

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		meet other people. By funding these sessions it means that people who are financially constrained can attend.
44	Queenstown Lakes Danish Society	Family easter event bringing the Danish community together doing traditional crafts, games and food.
45	Mum's Night Outs, Te Anau	Following on from previous successful events, which has shown a real boost to mental health, four more Mums Night Out to bring parents together without their children.
46	French community Queenstown	An autumn walk in Arrowtown, with an organised picnic lunch for French families to bond over a shared meal. Participants will be asked to learn something new about Arrowtown's history to share at the picnic lunch.
47	Roller Skate Disco, Manapouri	Bring back a roller-skate disco at the Manapouri Hall with party lights, music, food and beverages. Open to all ages.
48	Building Better Blokes, Te Anau	A 'Building Better Blokes, check up and check in' in the form of a men's group for one night a week every fortnight. It will sit alongside other local community support and wellbeing advocates. Blokes can attend with no long term commitment in order to Engage, Learn, Grow, Apply and Build themselves and the communities they live within. This follows on from the Men's Muster and Building Better Blokes Breakfasts.
49	Coffee Connection for Fiordland Seniors	The funding will cover the cost of a monthly coffee/tea at a cafe for seniors, running between May and October (6 months) with at least one support worker there to chat to.
50	Makarora Valley Community Inc	Resources and equipment to help enable an Activities Calendar to bring the local Makarora community together. Being quite isolated, the community relies heavily on social interaction with other locals for health and wellbeing. Social events help build a sense of community, camaraderie and support. Planned activities include tennis, cricket, soccer, darts, yoga, croquet, and clay bird shooting.
51	Te Anau Mums	A community BBQ on the lakefront for families to get together, mingle, meet new people and enjoy the outdoors.
52	Mt Aspiring College Special Needs Unit, Wānaka	Weekly gym sessions which allow these students to feel like they are just as good as able minded and bodied peers having similar experiences and successes. It will also empower them when they are out in the community to feel the same as everyone else which is huge for their mental wellbeing and the challenges that come with that.