

Wakatipu Older Persons Support Services

Name	Description	Contact	Website	Logo
Community services				
Age Concern Queenstown	Elder Abuse and Neglect Prevention Services Support Services Information Resources	First Floor Aurum House, Terrace Junction 1092 Frankton Road, Queenstown 03 441 3490 0800 65 2 105 acqt@acinv.org.nz	https://www.ageconcern.org.nz/Public/Get%20In%20Touch/Local_Age_Concerns/Public/Around_NZ/Queenstown.aspx	 <p>AGE CONCERN NEW ZEALAND He Manaakitanga Kaumātua Aotearoa</p>
Alzheimers Otago Queenstown Branch	Support, programmes, and information for those with dementia and their families Cognitive Stimulation Therapy groups	1 st Floor Aurum House Terrace Junction Frankton 027 4414 960 queenstown@alzheimersotago.org.nz	https://alzheimersotago.org.nz/	 <p>ALZHEIMERS NEW ZEALAND <i>Otago</i></p>
Enliven	SupportLink Free community service matching volunteers to older people living independently	1 st Floor Aurum House Terrace Junction Frankton 027 567 0176 soulson@enlivensd.nz	https://pss.org.nz/enliven/	 <p><i>enliven</i> Positive Ageing Services</p>
Grey Power	Advocacy organisation that promotes welfare and concerns of all citizens over 50 years	Queenstown Contact 021 041 0076 0800 473 979 greypowerqueenstownsecretary@gmail.com	https://greypower.co.nz/	 <p>Grey Power NEW ZEALAND FEDERATION INC</p>

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Happiness House	Queenstown Community Support Centre clothing, food, counselling, information, advocacy	4 Park Street 03 442 6531 0279735535 info@happinesshouse.org.nz	http://happinesshouse.org.nz/contact.htm	
Lakes District Hospital	Aged Care and Social work services	20 Douglas Street Frankton 03 441 0015	https://www.southernhealth.nz/services/lakes-district-hospital-queenstown-hospital-services	<h1 style="text-align: center;">Te Whatu Ora</h1> <h2 style="text-align: center;">Health New Zealand</h2> <h3 style="text-align: center;">Southern</h3>
RSA (Returned Services Association)	Confidential Support - phone and face-to face Veterans Affairs (VA) For veteran care and entitlements	0800 693 348 0800 483 8372	www.rsa.org.nz	
St Johns	Shuttle service Caring Caller -free check-in phone service	0800 785 646	https://www.stjohn.org.nz/what-we-do/community-programmes/caring-caller/	 St John Here for Life
The Compassionate Friends Central Otago	Support group for bereaved parents and grandparents and siblings	0273960611 centralotagocf@gmail.com	http://compassionatefriends.org.nz	 THE COMPASSIONATE FRIENDS NZ Supporting Bereaved Parents and Siblings

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The Salvation Army	Social Services, Counselling, budget services, Op shop, Food assistance	The Salvation Army, 71 Gorge Road, Queenstown 03 442 9661	https://www.salvationarmy.org.nz/centres/nz/otago-southland/queenstown https://www.facebook.com/thesalvationarmyqueenstown/	
Wakatipu Senior Citizens Association	Regular activities and social gatherings for Wakatipu residents aged 60yrs +	Malaghan House, Level One, 10 Memorial Street, Queenstown 03 442 9214	https://groups.qldc.govt.nz/groups/show/wakatipu-senior-citizens-assn/	
Food Assistance				
	Baskets of Blessing	Online referral	https://www.basketsofblessing.co.nz/meals/	
	Dovetail Meals	jmharfordbrown@gmail.com	https://www.facebook.com/groups/545099185595998/	 DOVETAIL MEALS QUEENSTOWN
Medical Centres				
Arrowtown Medical Centre	Health Improvement Practitioner (HIP) and Health Coach Free same-day support regarding any	Berkshire Street, Arrowtown 03 450 1355	https://www.qmc.co.nz/contact-us/	
Jacks Point Medical Centre		120b Māori Jack Road Jacks Point 03 4410500	https://www.qmc.co.nz/contact-us/jacks-point/	

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<p>Queenstown Medical Centre</p>	<p>wellbeing or lifestyle concerns for individuals enrolled at QMC</p>	<p>9 Isle Street, Queenstown 03 441 0500</p>	<p>https://www.qmc.co.nz/contact-us/</p>	
<p>Remarkables Medical Centre</p>		<p>12 Hawthorne Drive, Remarkables Park 03 450 9199</p>	<p>https://www.qmc.co.nz/contact-us/remarkables-clinic/</p>	
<p>Mountain Lakes Medical</p>		<p>44 Beach Street Queenstown</p> <p>Level 1 34 Five Mile Shopping Centre Frankton 03 442 7188 admin@mountainlakesmedical.co.nz</p>	<p>https://www.mountainlakesmedical.co.nz/contact/</p>	
<p>The Doctors, Wakatipu</p>		<p>11 McBride Street Frankton 03 442 2288</p> <p>4 Thirteenth Avenue, Lower Shotover 03 442 2281 admins@wakatipumedical.co.nz</p>	<p>https://www.wakatipumedical.co.nz/contacts.html</p> <p>https://thedoctors.co.nz/</p>	 

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The Village Medical Centre		Terrace Junction 1092 Frankton Road Queenstown 03 441 4333 hello@villagemedicalcentre.co.nz	https://villagemedicalcentre.co.nz/ https://villagemedicalcentre.co.nz/contact/	
Mental Health Support				
1737	Talk to a trained counsellor	Free call or text Anytime 24/7	https://1737.org.nz/?gclid=EAlaIqobChMI25uJxvHo8AIVj6qWCh33XwsMEAAYASAAEgIK0fD_BwE	NEED TO TALK? 
Brief Intervention Service	Free assistance & support to people experiencing mild to moderate mental distress	GP or practise nurse referral 0800 477 1155 info@wellsouth.org.nz	https://wellsouth.nz/community/mh-concerns/brief-intervention-services/	
Central Lakes Community Mental Health Service	Moderate to severe maternal mental health distress	19 Douglas Street Queenstown 03 441 0010	www.southernhealth.nz	

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Emergency Mental Health Support		Emergency 0800 467 846 Press 1 for Southland		
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Te Hau Toka

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Updated January 2023