


Wakatipu Child and Youth Support Directory

Name	Description	Contact	Website	Logo
Community services				
Able Minds	Supporting families around the mental distress of a loved one	03 448 9303	www.able.org.nz	
Central Lakes Family Service	Family & Parenting Support, Social Work, Counselling, Family Harm services Youth mild to moderate mental health support Sexual harm support Perinatal service	16B McBride St Frankton 0508 440 255 info@clfs.co.nz	www.clfs.co.nz	
Community College Youth Service Queenstown	Free youth coaching service providing wrap around support for young people- 16-18 years old. NEET (Not in Education or Training Programme)	0800 887 007 info@comcol.ac.nz	https://www.comcol.ac.nz/community-college-southland-0800-887-007.html	

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Happiness House	Queenstown Community Support Centre clothing, food, counselling, information, advocacy	4 Park Street 03 442 6531 0279735535 info@happinesshouse.org.nz	http://happinesshouse.org.nz/contact.htm	
Health School Queenstown	Education for children who are too unwell to attend regular school	0800 774 700 secretary@southernhealth.school.nz	www.srhs.school.nz	
Heart Kids Central Otago	Practical and emotional support for families with a baby, child or teen with a heart issue	centralotago.fsw@heartkids.org.nz	https://www.heartkids.org.nz/branches/central-otago/	
Family Works	(Budgeting) and Good Loans Service in the Wakatipu Area a Parenting Programme Incredible Years	0508 396 678 familyworkscentral@psotago.org.nz	https://psotago.org.nz/family-works/	
Lakes District Hospital	Emergency health needs	20 Douglas Street Frankton 03 441 0015	https://www.southernhealth.nz/services/lakes-district-hospital-queenstown-hospital-services	

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Melon	Online youth related mental health resources	Call or chat online 0800 942 8787	https://www.melonhealth.com/ https://whatsup.co.nz/	
Parent2parent	Parent support network for families raising a child with a disability	southland@parent2parent.org.nz 027 808 3951	https://parent2parent.org.nz/about-parent-to-parent/	
Pivotal Point	Empowering whānau to access the help required to holistically support all our neurodiverse tamariki within the Whakatipu basin.	info@pivotalpoint.org.nz	https://pivotalpoint.org.nz/	
Playcentre Queenstown Wakatipu	Playcentre is a family affair where children learn through responsive and reciprocal relationships with people, places and things	57 Stanley Street, Queenstown 03-442 9309 49 Red Oaks Drive, Frankton, Queenstown 021 065 2100 wakatipu@playcentre.org.nz	https://www.playcentre.org.nz/centre/queenstown/ https://www.playcentre.org.nz/centre/wakatipu/	

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<p>Presbyterian Support/ Family works Buddy Programme</p>	<p>Children 4-12yrs are matched with carefully selected and trained adult volunteers in a well-supported mentoring relationship.</p>	<p>Unit 124 1st Floor Aurum House Terrace Junction Frankton 03 442 4470 027 283 8466 NBenington@familyworkssld.nz</p>	<p>https://pss.org.nz/family-works/services/buddy-programme/</p>	
<p>Rainbow Youth NZ</p>	<p>09 376 4155 auckland@ry.org.nz</p>	<p>We provide support, information, resources and advocacy for Aotearoa's queer, gender diverse</p>	<p>https://ry.org.nz/</p>	
<p>STAND Children's Services</p>	<p>Social services and support for children and their Whanau</p>	<p>03 446 8119 southern@standforchildren.org.nz</p>	<p>https://www.standforchildren.org.nz/our-regions</p>	
<p>Strengthening Families</p>	<p>A free process to coordinate a range of supports for families including assistance with finances, food, practical needs, therapeutic & health options</p>	<p>16B McBride St, Frankton 027 203 4547 niki@clfs.co.nz</p>	<p>www.clfs.co.nz Facebook: Wakatipu Strengthening Families</p>	





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<p>Te Runanga o Nga Maata Waka Inc.</p>	<p>Whanau Resilience is a long term service for 10 – 18 year olds and their whanau, who have been affected by intergenerational family harm. Supports to strengthen cultural identity and whakapapa, community capability and connection and creating healthy skills and relationships.</p>	<p>027 341 7897 tina.macdonald@maatawaka.org.nz</p>	<p>https://maatawaka.org.nz/about-us/referrals/</p>	 <p>Te Rūnanga o Ngā Maata Waka - incorporated -</p>
<p>The Salvation Army</p>	<p>Social Services, Counselling, budget services, Op shop, Food assistance, Youth groups</p>	<p>The Salvation Army, 71 Gorge Road, Queenstown 03 442 9661</p>	<p>https://www.salvationarmy.org.nz/centres/nz/otago-southland/queenstown https://www.facebook.com/thesalvationarmyqueenstown/</p>	
<p>Whakatipu Youth Trust</p>	<p>Works alongside young people aged 10 to 24 years and offers a range of positive youth development</p>	<p>03 451 1415 info@whakatipuyouthtrust.co.nz</p>	<p>https://www.whakatipuyouthtrust.org.nz/</p>	

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	<p>opportunities such as holiday programmes, youth groups, youth workers in schools, life skill education and host various events.</p> <p>Clinical services -Youth Social Work, Youth Counselling, Mentoring and group facilitation.</p>			
Youth Horizons	<p>Focused programmes that create better futures for rangatahi who are impacted by conduct problems.</p>	<p>(06) 222 6355</p> <p>info.central.southern@youthorizons.org.nz</p>	<p>https://www.youthorizons.org.nz/about-us/</p>	
Youth Line	<p>Free helpline</p>	<p>0800 376 633</p> <p>Free text 234</p> <p>Webchat</p>	<p>https://youthline.co.nz/</p>	

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Medical Centres				
Queenstown Medical Centre	info@qmc.co.nz			 <p>Queenstown Medical Centre Arrowtown</p>
Arrowtown	Health Improvement Practitioner (HIP) Health Coach and Community Support Worker Free same-day support regarding any wellbeing or lifestyle concerns for individuals enrolled at QMC	Berkshire Street, Arrowtown 03 450 1355	https://www.qmc.co.nz/contact-us/	
Jacks Point		120b Māori Jack Road Jacks Point 03 4410500	https://www.qmc.co.nz/contact-us/jacks-point/	 <p>Queenstown Medical Centre Jacks Point</p>
Queenstown		9 Isle Street, Queenstown 03 441 0500	https://www.qmc.co.nz/contact-us/	 <p>Queenstown Medical Centre</p>
Remarkables		12 Hawthorne Drive, Remarkables Park 03 450 9199	https://www.qmc.co.nz/contact-us/remarkables-clinic/	 <p>Queenstown Medical Centre Remarkables Park</p>
Mountain Lakes Medical		44 Beach Street Queenstown Level 1 34 Five Mile	https://www.mountainlakesmedical.co.nz/contact/	


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		Shopping Centre Frankton 03 442 7188 admin@mountainlakesmedical.co.nz		
The Doctors, Wakatipu		11 McBride Street Frankton 03 442 2288 4 Thirteenth Avenue, Lower Shotover 03 442 2281	https://www.wakatipumedical.co.nz/contacts.html https://thedoctors.co.nz/	
The Village Medical Centre	Terrace Junction 1092 Frankton Road Queenstown	03 441 4333 hello@villagemedicalcentre.co.nz	https://villagemedicalcentre.co.nz/ https://villagemedicalcentre.co.nz/contact/	
Mental Health Support				
1737	Talk to a trained counsellor	Free call or text Anytime 24/7 Or call 0800 1737 1737	https://1737.org.nz/	

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Pact	Youth support workers work alongside youth recovering from mental illness	Pact Southland 03 211 2850	http://www.pactgroup.co.nz/	
Southern DHB Child and Youth Mental Health Services	Assessment and treatment for children, young people and their families who are experiencing moderate to severe mental health problems at home and at school. Suspected psychiatric disorders, or severe emotional and behavioural disturbances	19 Douglas Street Queenstown 03 441 0010	www.southernhealth.nz	<h1 style="color: #003366;">Te Whatu Ora</h1> <h2 style="color: #008080;">Health New Zealand</h2> <hr style="border: 1px solid #008080;"/> <h3 style="color: #008080;">Southern</h3>
Thrive - Brief Intervention Service	Adventure Development provides free face to face and/or telehealth counselling. Thrive! Te Pae Ora is a brief	0800 292 988 Make A Referral (thriveservices.org.nz) Referrals with consent of young person can be made by anyone.	http://www.thriveservices.org.nz/services	

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	<p>intervention service for 12 – 24yrs, focusing on wellbeing for mild to moderate mental health concerns and Adventure Development Counselling is a longer term programme for 12 – 19 year olds with moderate to severe substance misuse issues.</p>	<p>admin@thriveservices.org.nz</p>		 <p>Services Provided By Adventure Development</p>
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Te Hau Toka

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Updated January 2023