




Wakatipu Business Support Directory

Name	Contact	Description	Website	Logo
Business Support				
Business South	03 479 0181 info@business-south.org.nz	Supporting the learning needs of Otago and Southland businesses	www.regionalbusinesspartners.co.nz www.business-south.org.nz	 Business South Inc Otago Chamber & Southern Employers Regional Business Partner Network
Chamber of Commerce	Level 2, The Forge Building, 20 Athol Street, Queenstown 03 4418254 admin@queenstownchamber.org.nz	Business assistance Business mentors	https://www.queenstownchamber.org.nz/business-support/	 NZ CHAMBERS OF COMMERCE QUEENSTOWN Business Vitality
Central Lakes Safety Charter & Mates in Construction	Level 2, 36 Grant Rd Five Mile Centre 034422889 0800 111 315	On-site training At risk case management support Connection to suitable professional support	Central Lakes Safety Charter - Home Facebook https://mates.net.nz/	 MATES in Construction CENTRAL LAKES SAFETY CHARTER
Kuma -Southern Māori Business Network Te Kupeka Umaka Māori Ki Āraiteuru	tahuna@kuma.co.nz	A proudly southern Māori Business Network, KUMA's vision is to bring Māori together to enhance their individual, professional and business success through our collective support.	www.kuma.co.nz	 KUMA TE KUPEKA UMAKA MĀORI KI ĀRAITEURU Southern Māori Business Network

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<p>Mates in Construction</p>	<p>fkaan@mates.net.nz eteit@mates.net.nz</p> <p>0277788243</p>	<p>On-site training At risk case management support Connection to suitable professional support</p>	<p>https://mates.net.nz/</p>	 <p>STRONGER TOGETHER 0800 111 315</p>
<p>Otago Regional Business Partners</p>	<p>03 479 0181 support@otagorbp.co.nz</p>	<p>RBP are here for New Zealand's small-to-medium business owners. If your business is facing some challenges and you would like some help to work through them.</p>	<p>https://www.regionalbusinesspartners.co.nz/</p>	 <p>Regional Business Partner Network</p>
<p>Queenstown Lakes District Council</p>	<p>10 Gorge Road Queenstown</p> <p>03 440 499</p>	<p>Information and community wellbeing</p>	<p>https://www.qldc.govt.nz/community/community-wellbeing</p>	
<p>Southern Rural Support Trust</p>	<p>0800 787 254</p>	<p>Farming and business advice Mental Wellness Support Access to counselling</p>	<p>https://www.rural-support.org.nz/Regions/South-Island/Southland</p>	
<p>Take Stock: Employment Assistance Programmes (EAP) supplied by</p>	<p>For Benestar call 0800 360364 counsellingsupportnz@benestar.com</p>	<p>If you are a small to medium size business owner (SME) in Queenstown Lakes District you are eligible for up to 3</p>	<p>https://www.benestar.com/</p>	




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<p>Benestar Group Limited Southern Lakes Business Response Group initiative</p>		<p>free counselling sessions through the Take Stock initiative, contact Benestar for more information.</p> <p>There are also webinars available once a month for all owners, employees and family members of SME business within the Queenstown Lakes.</p>		
<p>XAP - Xero Assistance Programme</p>	<p>xap@xero.com</p>	<p>The Xero Assistance Programme (XAP) provides Kiwi small businesses with access to free face-to-face, telephone, live chat and online counselling. Free through Benestar, and offered to Xero starter, standard and premium subscribers, their employees, and their families.</p>	<p>https://www.xero.com/nz/xap-faq/</p>	
Community Services				
<p>Central Lakes Family Service</p>	<p>16B McBride St Frankton</p> <p>0508 440 255 info@clfs.co.nz</p>	<p>Family/Whānau Support Counselling Family harm programmes Parenting programmes</p>	<p>www.clfs.co.nz</p>	




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Citizens Advice Bureau	44 Stanley Street Queenstown 03 442 6799	Free legal clinics Justice of Peace Budget Advice/Financial Mentoring, specialist employment advice	https://www.cab.org.nz/location/cab-queenstown	
Happiness House	4 Park Street Queenstown 03 442 6531 0279735535 Info@happinesshouse.org.nz	Queenstown Community Support Centre, clothing, clothing, food, counselling, information and advocacy	http://happinesshouse.org.nz/contact.htm	
Strengthening Families	16B McBride St, Frankton 027 203 4547 niki@clfs.co.nz	A free process to coordinate a range of supports for families including assistance with finances, food, practical needs, therapeutic & health options	www.clfs.co.nz Facebook: Wakatipu Strengthening Families	
The Head Light Trust	info@headlight.org.nz workshops@headlight.org.nz	GoodYarn Mental Health Workshops - helping workplaces to talk about mental health, facilitated by people from the local business community	www.mentalhealthworkshops.org.nz	



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The Salvation Army	The Salvation Army, 71 Gorge Road, Queenstown 03 442 9661	Social Services, Counselling, Budget services, Op shop, Food assistance	https://www.salvationarmy.org.nz/centres/nz/otago-southland/queenstown https://www.facebook.com/thesalvationarmyqueenstown/	
Medical Centres				
Arrowtown Medical Centre	Berkshire Street, Arrowtown 03 450 1355	Health Improvement Practitioner (HIP) Health Coach and Community Support Worker Free same-day support regarding any wellbeing or lifestyle concerns for individuals enrolled at QMC	https://www.qmc.co.nz/contact-us/	
Queenstown Medical Centre	9 Isle Street, Queenstown 03 441 0500		https://www.qmc.co.nz/contact-us/	
Remarkables Medical Centre	12 Hawthorne Drive, Remarkables Park 03 450 9199		https://www.qmc.co.nz/contact-us/remarkables-clinic/	

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<p>Mountain Lakes Medical</p>	<p>44 Beach Street Queenstown Level 1 34 Grant Road Five Mile</p> <p>03 442 7188 admin@mountainlakesmedical.co.nz</p>		<p>https://www.mountainlakesmedical.co.nz/contact/</p>	
<p>The Doctors, Wakatipu</p>	<p>11 McBride Street Frankton 03 442 2288</p> <p>4 Thirteenth Avenue, Lower Shotover 03 442 2281 admin@wakatipumedical.co.nz</p>		<p>https://www.wakatipumedical.co.nz/contacts.html</p> <p>https://thedoctors.co.nz/</p>	
<p>The Village Medical Centre</p>	<p>03 441 4333 hello@villagemedicalcentre.co.nz</p>	<p>Terrace Junction 1092 Frankton Road Queenstown</p>	<p>https://villagemedicalcentre.co.nz/</p> <p>https://villagemedicalcentre.co.nz/contact/</p>	

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Mental Health Support				
1737	Free call or text Anytime 24/7 Or call 0800 1737 1737	Free confidential service. Talk to a trained counsellor	https://1737.org.nz/	<p>NEED TO TALK?</p> 
Brief Intervention Service (BIS)	0800 477 1155 info@wellsouth.org.nz	Provides up to 5 free sessions of support for those with mild to moderate mental health need. Requires GP or practice nurse referral	https://wellsouth.nz/community/mh-concerns/brief-intervention-services/	
Central Lakes Community Mental Health Service	19 Douglas Street Queenstown 03 441 0010	Moderate to severe mental health distress, referral from a GP	www.southernhealth.nz	<p>Te Whatu Ora Health New Zealand <u>Southern</u></p>
Emergency Mental Health Support	0800 467 846 Press 1 for Southland (Queenstown) 2 for Otago			

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Pact	Pact Southland 03 211 2850	Support workers work alongside those recovering from mental illness	http://www.pactgroup.co.nz/	 The logo for Pact, featuring the word "pact" in a lowercase, white, sans-serif font on a black rectangular background. A red stylized shape, resembling a lowercase 's' or a pair of lips, is positioned above the 't'.
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Te Hau Toka

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Updated July 2022