

2080 Long Term Plan

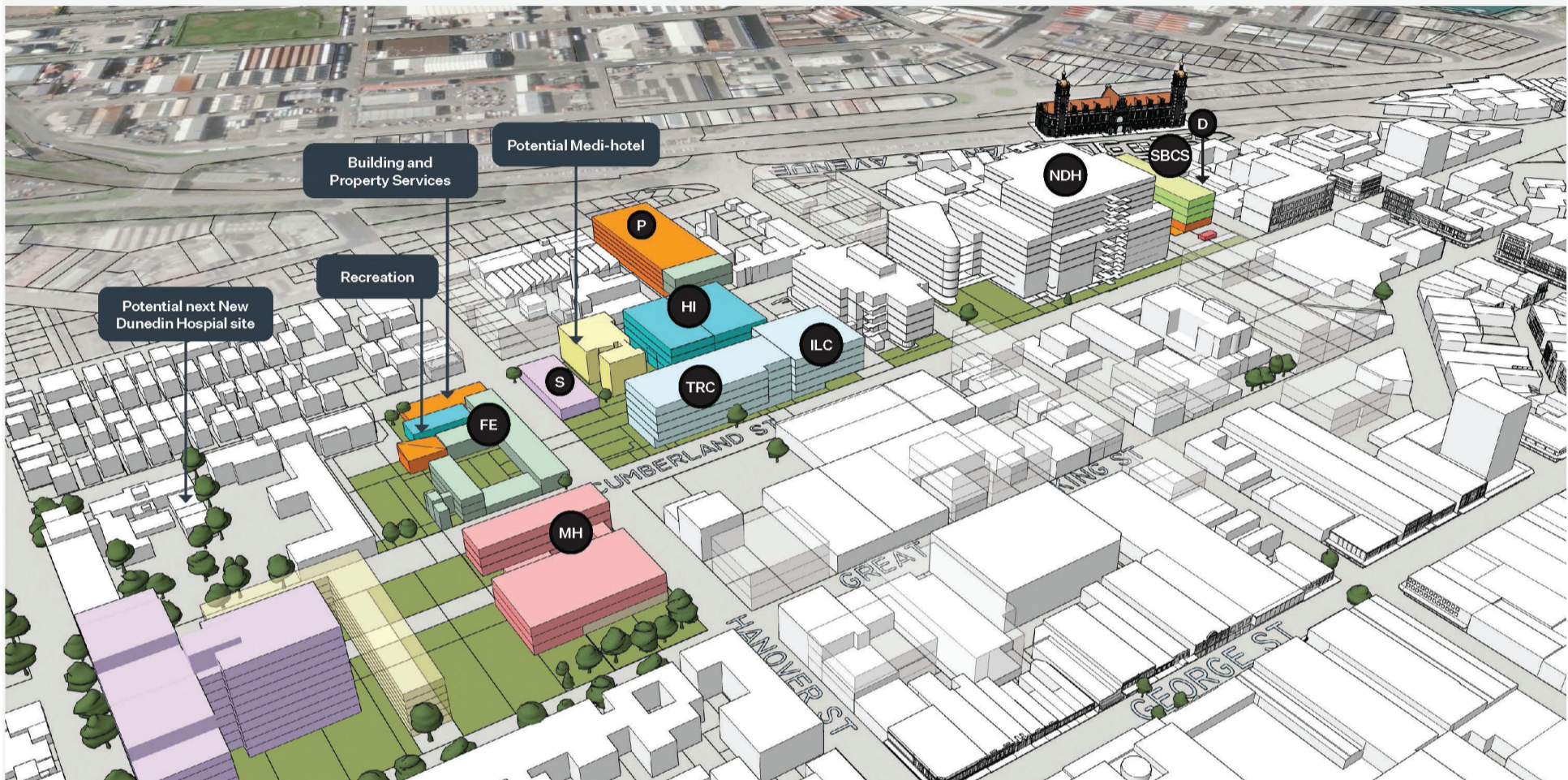
View from North

Buildings

- NDH New Dunedin Hospital
- ILC Interprofessional Learning Centre
- TRC Translation Research Centre
- SBCS Southern Blood and Cancer Services
- MH Mental Health
- P Car parking building
- D Cancer and Health Support Centre (Dairy building)
- S Substation (proposed relocation)
- FE Fraser Building Existing
- FN Fraser Building New
- HI Health Expansion/Innovation

Usage

- Clinical – Southern Blood and Cancer Service
- Clinical – Other
- Clinical – Mental Health (excludes Forensic and ID IPU 4040m)
- Education & Research
- SDHB Administration
- Health Support Services
- Health Expansion and Innovation
- Accommodation
- Mixed Use/Education/Commercial



Plans for world-leading Health and Education Precinct unveiled

The Southern District Health Board has unveiled an aspirational site masterplan, Te Whakaari, which sets out a vision for the development of a world-leading Health and Education Precinct in central Dunedin.

Chief Executive Chris Fleming says the Southern DHB has worked with local rūnaka, tertiary institutions and other stakeholders to develop a plan that

will enhance Dunedin’s city centre.

“The Health and Education Precinct will be a thriving hub for healthcare, learning and mahi. Along with our new hospital, it will offer greenspaces, additional healthcare services, and vibrant retail. Te Whakaari promotes an exciting vision for Dunedin that will support equitable healthcare and the mauri ora of our communities,” Mr Fleming says.

Occupying much of the Dunedin CBD area between the current hospital and Lower Stuart Street, the precinct will support the revitalisation of the central city.

“Te Whakaari focuses on wellbeing, equity, sustainability, adapting to the effects of climate change, and contributing to a sense of local identity,” Mr Fleming says.

The masterplan supports the Dunedin City Council’s Central City Plan, with the Health and Education Precinct providing a link between the Tertiary Precinct to the north and the Cultural and Entertainment Quarter to the south.

The precinct design features three phases of development: short-term (until 2030), medium-term (until 2040) and long-term (until 2080).

Company and cups of tea welcomed in Dunedin Hospital Ward

Dunedin Hospital has recently welcomed St John Dunedin Hospital Friends to Ward 8 Medical – offering company, cups of teas and chats.

“We understand that while in hospital patients may experience loneliness and boredom. We have introduced volunteers to visit the ward five days per week,” says Jenny Rākász, Director, Allied Health, Science and Technical.

“The purpose of the Hospital Friends on the ward is to provide

companionship for our patients by reading, playing games, making a cup tea, and going for short walks with them.”

St John Hospital Friend Kerry Otto says after working in the caring profession most of her life, she is looking for purposeful work in retirement. She is excited to be a part of the St John Dunedin Hospital Friend programme and giving back to the community. She sees value in spending time with patients and

“freeing up the nurses and health care assistants to do what they need to do”.

“Hospital can be a lonely place and it’s nice to talk to someone,” says Patient Bev Partridge. She was impressed with the initiative and welcomed the volunteers to the ward. “I’ve met a different person each day this week, all have offered to make me a cup of tea or to sit down and have a chat.”



COVID can be anywhere

Mask up, wash your hands & maintain distancing.

Southern district enters “long tail” of COVID-19



Southern DHB COVID-19 Response Lead
Dr Hywel Lloyd

As the winter months set in, the Southern district has entered the “long-tail” of the COVID-19 outbreak. It is expected that COVID-19 infections in our communities will continue to be widespread for the foreseeable future and, as such, we must all remain vigilant when out in the community.

“As a community we need to accept that COVID-19 is with us for now, and make choices accordingly,”

says Dr Hywel Lloyd, SDHB COVID-19 Response Lead.

“We need to all assume that when we are out in the community there is a very real risk that we will come in contact with the COVID-19 virus. This can cause anxiety for many people, especially those who are vulnerable to severe COVID-19 symptoms.

“The best way we can all protect ourselves and others, is to follow the simple actions that we have been talking about for a long time now: wear a mask when out in public and in social settings, practise good hand hygiene and physical distancing where appropriate and get your COVID-19 booster shot. Doing these things will decrease your likelihood of infection and severe COVID-19 symptoms if you do catch it.”

With the onset of winter, the Southern district is also seeing an increase in flu (influenza) infection, with presentations at emergency departments because of flu already increasing.

“For the last few years, we have seen an absence of flu infections in our communities, but this year we are

already seeing cases,” says Dr Susan Jack, Medical Officer of Health.

“If you are eligible for a free flu vaccination, we would highly recommend that you go and get it now. New Zealand’s borders have opened, and while we welcome visitors, we are also now seeing flu strains circulating in our communities. A flu vaccination will reduce your risk of severe flu symptoms, reduce the likelihood that you will require hospital level care, and decrease the likelihood that you will pass the influenza virus onto others.”

Flu (influenza) vaccination is free for anyone over the age of 65, Māori and Pacific people over the age of 55, pregnant people, and anyone with underlying health conditions. Many workplaces also offer free flu vaccination for staff.

Flu vaccination is available through your GP, or you can find your nearest location offering flu vaccination here: www.healthpoint.co.nz/pharmacy

Board Update



Pete Hodgson, Chair

A key feature of the new health reforms are locality networks. But what are they, when are they coming and what are they supposed to achieve?

The job of locality networks will be to keep our health system abreast of the health needs and priorities of communities. They are being developed in quite an open way where we, the community, get to decide much of the detail.

Like the new health system itself, locality networks will be based on a Treaty Partnership model with strong local mana whenua involvement from the outset, typically through Iwi Māori Partnership Boards which are themselves still being formed. A locality network might cover a region like Waitaki District or rural Southland, or an urban centre like Dunedin.

The rest of the detail is either not yet clear or will be left for each locality to decide. In my opinion, locality networks will be run or governed by community representatives but will be engaged with all facets of primary and community healthcare. They will be responsible for ongoing health needs assessments of a community, or perhaps identifying existing service gaps or new ways to deliver services. They will have a strong focus on identifying and addressing inequities in the locality – ethnic, economic, geographic.

Networks will take a broad view of primary healthcare, beyond general practice and pharmacy, to include services such as midwifery, kaupapa Māori services, dentistry, community mental health services, podiatry or physical exercise.

I am picking that the first locality networks will take shape over the next twelve months. They will become the way in which communities influence health service provision, bottom up. In the Southern District we already have something of a precursor organisation, the Community Health Council, which has been very effective network in keeping the community voice front and centre of the Southern District Health Board. We should make sure we deploy the best of what we already have as we construct our future.

VACCINE STORAGE ISSUE

Did you have your COVID-19 vaccination in the Queenstown Lakes or Central Otago areas between 1 December 2021 and 28 January 2022?

If you had your vaccination at a location other than a GP or a pharmacy, your vaccination may have been affected by a vaccine storage issue.

If you think this might be you, please call 0800 28 29 26 or email covaxadmin@southernhdb.govt.nz to check the status of your vaccination or for more information.

The Southern DHB wants to ensure that every affected person is fully informed. We have already spoken to over 92% of affected people by phone. Emails, letters, and SMS texts have also been sent to affected people.

People affected by the vaccine storage issue are encouraged to receive a replacement vaccination to ensure that they benefit from a high level of immunity against COVID-19.

There is no risk of harm to anyone who received a vaccine that was affected by this storage issue. However, in these circumstances the vaccine is not able to offer or produce a reliable amount of protection against the COVID-19 virus.

More information:
www.southernhealth.nz/COVID19/vaccine/ccfaq

Southern DHB wins Te Ao Māori Award



Education Perfect Regional Manager Bevan Jones, Associate Māori Health Officer WellSouth Peter Ellison, Southern DHB Kaumatua Matapura Ellison, Southern DHB Associate Māori Health Officer Nancy Todd, Education Perfect CEO Alex Burke, and Education Perfect Head of Kaupapa Māori Te Rau Winterburn

The Southern DHB has recently been awarded the Education Perfect Te Ao Māori for Professionals Engagement and Participation Award. This award is based on active engagement and participation across the organisation.

Pou Taki Educator, Mathew Kiore has been instrumental in leading this innovation and accepted the award on behalf of Southern DHB.

During the COVID-19 August 2021 the Southern DHB rolled out the Te Reo Māori for Professionals course through Education Perfect as part of a wider equity programme.

Initially 100 spaces were offered however registrations hugely exceeded this, and another 100 spaces were made available. The course is a self-lead online programme which runs for 12 months

and assists participants to confidently develop a deeper understanding of general tikanga (customary values and practises), common kupu (vocabulary) and their pronunciation, kīanga (phrases) and how to use this mātauranga (knowledge) in everyday life.

Mr Kiore describes the success of the programme as very encouraging. “It offers our staff the opportunity to learn in a self-paced setting. We are very proud of the engagement and benefits to our organisation and staff.”

Te Rau Winterburn, Head of Kaupapa Māori at Education Perfect says, “The goal of the programme is to encourage and educate as many organisations, sectors, schools and individuals as possible by supporting cultural capacity and engagement.”