

Allied Health Assistant Position Description		
Employment Agreement:	Allied, Public Health and Technical MECA	
Position Title:	Allied Health Assistant- Kaiāwhina	
Service & Directorate:	Community Rehabilitation and Home Teams	
Location:	Invercargill	
Reports to:	Community Team Manager	
DHB Delegation Level:	N/A	
Number of direct reports:	Nil	
Date:	February 2022	

#### **Our Vision**

Better Health, Better Lives, Whānau Ora

We work in partnership with people and communities to achieve their optimum health and wellbeing We seek excellence through a culture of learning, enquiry, service and caring

Our Shared Values and Behaviours			
<b>Kind</b> Manaakitanga	<b>Open</b> <i>Pono</i>	<b>Positive</b> Whaiwhakaaro	<b>Community</b> Whanaungatanga
Looking after our people:	Being sincere:	Best action:	As family:
We respect and support each other. Our hospitality and kindness foster better care.	We listen, hear and communicate openly and honestly. We treat people how they would like to be treated.	We are thoughtful, bring a positive attitude and are always looking to do things better.	We are genuine, nurture and maintain relationships to promote and build on all the strengths in our community.

## **Our statutory purpose**

To improve, promote and protect the health of our population Promote the integration of health services across primary and secondary care services Seek the optimum arrangement for the most effective and efficient delivery of health services Promote effective care or support for those in need of personal health or disability support services Promote the inclusion and participation in society and the independence of people with disabilities Reduce health disparities by improving health outcomes for Māori and other population groups Foster community participation in health improvement and in planning for the provision of and changes to the provision of services

Uphold the ethical and quality standards expected of use and to exhibit a sense of social and environmental responsibility

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## **PURPOSE OF ROLE**

You will assist Allied Health professionals and other staff in the provision of care for inpatient, outpatient and community based patients/clients of Southern District Health Board. You will provide support to Allied Health professionals to implement person centred plans of clinical care using multi or interdisciplinary models of care in a range of settings.

# **Competencies**

The following competencies apply to this position. The employee will be assessed against these as part of their annual performance and development review.

Organisational Competencies		
Customer Focus	Is dedicated to meeting the expectations and requirements of internal and external customers; gets first hand customer information and uses it for improvements in products and services; acts with customers in mind; establishes and maintains effective relationships with customers and gains their trust and respect	
Integrity and Trust	Is widely trusted; is seen as a direct, truthful individual; can present the unvarnished truth in an appropriate and helpful manner; keeps confidences; admits mistakes; doesn't misrepresent him/herself for personal gain.	
Drive For Results	Can be counted on to exceed goals successfully; Is constantly and consistently one of the top performers; very bottom line oriented; steadfastly pushes self and others for results.	
Role Specific Comp	petencies	
Listening	Practices attentive and active listening; has the patience to hear people out; can accurately restate the opinions of others even when he/she disagrees.	
Priority Setting	Spends his/her time and the time of others on what's important; quickly zeros in on the critical few and puts the trivial many aside; can quickly sense what would help or hinder accomplishing a goal; eliminates roadblocks; creates focus.	
Motivating Others	Creates a climate in which people want to do their best; can motivate many kinds of people; can assess each person's 'hot button' and use it to get the best out of him/her; empowers others; invites input from each person and shares ownership and visibility; makes each individual feel that their work is important; is someone people like working with.	

KEY RELATIONSHIPS			
Within Southern DHB		External to Southern DHB	
1.	Client/patients/ Family/ Whānau/	2. Consumers	
3.	Caregivers	4. ENABLE funding	
5.	Unit/Service Manager	6. ACC	
7.	Clinical team	8. Other community services (as appropriate)	
9.	Allied Health Professional Leaders		
10.	Allied Health Equipment store		

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## **Allied Health Assistant**]

This role will predominantly be supporting the Home and REACH Teams.

The REACH team provide intensive Community Rehabilitation to people within their own home to help restore people back to independence. Knowledge of Anatomy and Exercise prescription is helpful.

Home Team: The focus of the service is hospital avoidance and supported discharge working across a range of settings including the community, Emergency Department and the in-patient wards. The Home Team will be a comprehensive integrated service that is responsive to patient and service needs, focused on delivering one car up the drive way, one assessment and one plan of care. This position involves working with a range of age groups with a variety of conditions, including outpatients, inpatients and community locations.

	ESSENTIAL	DESIRABLE
Education and Qualifications (or equivalent level of learning)	High level of interpersonal and communication skills	•
	Year 11-NCEA Level 1 English (or equivalent)	
	Year 11-NCEA Level 1 Maths (or equivalent)	
	NZQA Level 3 qualification (or equivalent)*	
	Allied Health Assistants (with exception of dental assistants):	
	NZQA Level 3: New Zealand     Certificate in Health and Wellbeing -     Health Assistance Strand	
	Dental assistants:	
	NZQA Level 3: New Zealand     Certificate in Health and Wellbeing -     Dental Assistance	
	*If not previously obtained; to be completed within 2 years of commencement or to be commenced within 1 year of employment.	
Experience	Ability to learn new skills and competencies	Passion and understanding of Older Persons Health and care of
	Experience working in health/disability settings or with the general public	the frail elderly
	Have an appropriate level of fitness and an ability to undertake physically demanding tasks safely.	
Knowledge and Skills	High level of interpersonal and communication skills	•
Personal Qualities	<ul> <li>Ability to work in a supportive and honest manner</li> <li>Ability to work under direction of Allied Health Professional(s)</li> <li>Ability to accept responsibility for own actions</li> <li>Ability to participate in the rotating roster and weekend service</li> </ul>	

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#### **KEY RESULT AREAS:**

#### Example of successful delivery of duties and **Key Accountabilities:** responsibilities **Delegated Clinical Responsibilities** Under direction of relevant Allied Health 1 7. You show evidence of assisting others to achieve professional(s), implements person centred their goals (partnership) You demonstrate respect, empathy/understanding goals/ programmes that takes into consideration 8. client/patient preferences and interest in client/patients. 2. Accepts responsibility for own actions and decisions 9. You provide practical support for other team within area of work members to facilitate patient/client goals 3. Relays information and educates appropriately to the needs of the client/patient 4. In partnership with the patient/client, monitor their progress toward expected outcomes 5. Participates in on-going health education of patients/clients in a way that they can understand Facilitates client/patient responsibility to maintain 6. and promote health Communication 10. Regularly reports information about the 14. You update Allied Health patient/client's intervention to relevant Allied professional/multidisciplinary team (MDT) on Health professional progress and effectiveness of interventions 11. Relays information to patients/clients in a way that 15. You have an ability to use alternative modes of protects their rights and to allow informed communication decisions. 12. Uses a variety of communication strategies when required 13. Establishes rapport and trust with client/patient/family/whānau **Teamwork** 16. Participate in and contribute to the functioning of You participate as a team member to ensure the best outcomes for patients/ people 17. Establish and maintain an effective working relationship with other staff Clinical Competencies – Safe and Culturally Sensitive With support of other staff, identifies own level of You meet the mandatory training requirements of the work place and of the relevant Allied Health competence, seeks assistance, advice and knowledge as profession(s). necessary Takes responsibility for developing and maintaining You update your knowledge related to practice identified competencies with support of appropriate guidelines Allied Health professional(s) You keep and maintain a learning portfolio Undertakes learning activities relevant to own role, You maintain an up to date professional shares knowledge gained with others development plan Accesses supervision, debriefing and direction as 10. You assist patients/clients to gain appropriate support necessary and representation which reflects their cultural needs 5. Practices in a culturally safe manner and preferences **Legislative Requirements** 11. Demonstrates knowledge of policies and procedural 13. You adhere to Southern District Health Board and guidelines that have implications for day to day legislative standards of practice work 14. You maintain confidentiality of patient information

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12. As directed by Allied Health professional(s), practises in accordance with relevant legislation/codes/policies and upholds patients/clients' rights		
Documentation		
15. Adheres to the Southern DHB Health Record Documentation Standards (District) (MIDAS 18773). NB: clinical notes will be monitored/supported by appropriate Allied Health professional	16. Your documentation is timely, clear, concise and accurate      17. You demonstrate literacy and computer skills essential	
appropriate Ameu nearth professional	for own practice and to support other team members	
Other Duties		
Undertaking duties from time to time that may be in addition to those outlined above but which fall within your capabilities and experience.	You respond positively to requests for assistance in own and other areas, demonstrating adaptability and willingness.	
Act as a role model for the Southern DHB Organisational	<ol> <li>You produce work that complies with SDHB processes and reflects best practice.</li> </ol>	
Values.	3. Research undertaken is robust and well considered.	
	4. Live and support the DHB values in everything you do.	
Professional Development – self		
Identifying areas for personal and professional development.	5. Training and development goals are identified/agreed with your manager.	
	6. Performance objectives reviewed annually with your manager.	
	7. You actively seek feedback and accept constructive criticism.	
Health, Safety and Wellbeing		
Taking all practicable steps to ensure personal safety and the safety of others while at work, in accordance with the Southern DHB's Health, Safety and Wellbeing policies,	8. You understand and consistently meet your obligations under Southern DHB's Health and Safety policy/procedures.	
procedures and systems.	9. You actively encourage and challenge your peers to work in a safe manner.	
	10. Effort is made to strive for best practice in Health and Safety at all times.	
Treaty of Waitangi		
Giving effect to the principles of the Treaty of Waitangi – Partnership, Participation and Protection through your interaction with others on a day to day basis.	11. Partnership – You interact in good faith and in the nature of a partnership. There is a sense of shared enterprise and mutual benefit where each partner takes account of the needs and interests of the other.	
	12. Participation – You work in partnership with our treaty partners to enable our organisation to prosper. You are mindful of the varying socioeconomic conditions that face our people and work hard to remove barriers of access to health and education.	
	13. Protection – You work proactively to protect the rights and interests of Māori, including the need to proactively build the capacity and capability of Māori.	

Note: the above example measures are provided as a guide only. The precise performance measures for this position will require further discussion between the job holder and manager.

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# **CHANGES TO POSITION DESCRIPTION**

From time to time it may be necessary to consider changes to the position description in response to the changing nature of our work environment – including technological requirements or statutory changes. This Position Description may be reviewed as part of the preparation for your annual performance and development review.

Acknowledged / Accepted:	
Employee	Date
Manager	Date