




Wakatipu Child and Youth Support Directory

Name	Description	Contact	Website	Logo
Community services				
Able Minds	Supporting families around the mental distress of a loved one	03 448 9303	www.able.org.nz	
Central Lakes Family Service	Family & Parenting Support, Social Work, Counselling, Family Harm services Youth mild to moderate mental health support Sexual harm support	16B McBride St Frankton 0508 440 255 info@clfs.co.nz	www.clfs.co.nz	
Community College Youth Service Queenstown	Free youth coaching service providing wrap around support for young people- 16-17 years old. Help with education, training and work-based learning	0800 887 007	https://www.comcol.ac.nz/community-college-southland-0800-887-007.html	



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Happiness House	Queenstown Community Support Centre clothing, food, counselling, information, advocacy	4 Park Street 03 442 6531 0279735535 info@happinesshouse.org.nz	http://happinesshouse.org.nz/contact.htm	
Health School Queenstown	Education for children who are too unwell to attend regular school	0800 774 700 secretary@southernhealth.school.nz	www.srhs.school.nz	
Lakes District Hospital	Emergency health needs	20 Douglas Street Frankton 03 441 0015	https://www.southernhealth.nz/services/lakes-district-hospital-queenstown-hospital-services	
Melon	Online youth related mental health resources	Call or chat online 0800 942 8787	https://www.melonhealth.com/ https://whatsup.co.nz/	
Playcentre Queenstown	Playcentre is a family affair where children learn through responsive and reciprocal relationships with people, places and things	57 Stanley Street, Queenstown 03-442 9309	https://www.playcentre.org.nz/centre/queenstown/	
Wakatipu		49 Red Oaks Drive, Frankton, Queenstown 027 425 2861	https://www.playcentre.org.nz/centre/wakatipu/	






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		wakatipu@Playcentre.org.nz		
Presbyterian Support/ Family works Buddy Programme	Children 4-12yrs are matched with carefully selected and trained adult volunteers in a well-supported mentoring relationship.	Unit 124 1 st Floor Aurum House Terrace Junction Frankton 03 442 4470 027 283 8466 NBenington@familyworkssld.nz	https://pss.org.nz/family-works/services/buddy-programme/	
Rainbow Youth NZ	09 376 4155 auckland@ry.org.nz	We provide support, information, resources and advocacy for Aotearoa's queer, gender diverse	https://ry.org.nz/	
STAND Children's Services	Social services and support for children and their Whanau	03 446 8119 southern@standforchildren.org.nz	https://www.standforchildren.org.nz/our-regions	
Strengthening Families	A free process to coordinate a range of supports for families including assistance with finances, food, practical needs,	16B McBride St, Frankton 027 203 4547 niki@clfs.co.nz	www.clfs.co.nz Facebook: Wakatipu Strengthening Families	

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	therapeutic & health options			
Te Runanga o Nga Maata Waka Inc.	Whanau Resilience is a long term service for 10 – 18 year olds and their whanau, who have been affected by intergenerational family harm. Supports to strengthen cultural identity and whakapapa, community capability and connection and creating healthy skills and relationships.	027 341 7897 tina.macdonald@maatawaka.org.nz	https://maatawaka.org.nz/about-us/referrals/	
The Salvation Army	Social Services, Counselling, budget services, Op shop, Food assistance, Youth groups	The Salvation Army, 71 Gorge Road, Queenstown 03 442 9661	https://www.salvationarmy.org.nz/centres/nz/otago-southland/queenstown https://www.facebook.com/thesalvationarmyqueenstown/	
Wakatipu Youth Trust	Support and advocacy for youth 12-24yr	03 451 1415 info@wakatipuyouthtrust.co.nz	https://www.wakatipuyouthtrust.co.nz/	

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	Programmes, events and activities Mentoring and social work services			
Youth Horizons	Focused programmes that create better futures for rangatahi who are impacted by conduct problems.	(06) 222 6355 info.central.southern@youthorizons.org.nz	https://www.youthorizons.org.nz/about-us/	
Youth Line	Free helpline	0800 376 633 Free text 234 Webchat	https://youthline.co.nz/	
Medical Centres				
Arrowtown Medical Centre		Berkshire Street, Arrowtown 03 450 1355	https://www.qmc.co.nz/contact-us/	
Queenstown Medical Centre	Health Improvement Practitioner (HIP) and Health Coach	9 Isle Street, Queenstown 03 441 0500	https://www.qmc.co.nz/contact-us/ Free same-day support regarding any wellbeing or lifestyle concerns for individuals enrolled at QMC	

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<p>Remarkables Medical Centre</p>		<p>12 Hawthorne Drive, Remarkables Park 03 450 9199</p>	<p>https://www.qmc.co.nz/contact-us/remarkables-clinic/</p>	 <p>Queenstown Medical Centre Remarkables Park</p>
<p>Mountain Lakes Medical</p>		<p>44 Beach Street Queenstown</p> <p>Level 1 34 Five Mile Shopping Centre Frankton 03 442 7188 admin@mountainlakesmedical.co.nz</p>	<p>https://www.mountainlakesmedical.co.nz/contact/</p>	 <p>MOUNTAIN LAKES MEDICAL QUEENSTOWN</p>
<p>The Doctors, Wakatipu</p>		<p>11 McBride Street Frankton 03 442 2288</p> <p>4 Thirteenth Avenue, Lower Shotover 03 442 2281</p>	<p>https://www.wakatipumedical.co.nz/contacts.html</p> <p>https://thedoctors.co.nz/</p>	 <p>Wakatipu Medical Centre</p>  <p>the doctors medical centres</p>
<p>The Village Medical Centre</p>		<p>03 441 4333</p> <p>hello@villagemedicalcentre.co.nz</p>	<p>https://villagemedicalcentre.co.nz/contact/</p>	 <p>THE VILLAGE MEDICAL CENTRE</p>

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Mental Health Support				
1737	Talk to a trained counsellor	Free call or text Anytime 24/7 Or call 0800 1737 1737	https://1737.org.nz/	<p style="color: #0070c0; font-weight: bold;">NEED TO TALK?</p> 
Pact	Youth support workers work alongside youth recovering from mental illness	Pact Southland 03 211 2850	http://www.pactgroup.co.nz/	
Southern DHB Child and Youth Mental Health Services	Assessment and treatment for children, young people and their families who are experiencing moderate to severe mental health problems at home and at school. Suspected psychiatric disorders, or severe emotional and behavioural disturbances	19 Douglas Street Queenstown 03 441 0010	www.southernhealth.nz	

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<p>Thrive - Brief Intervention Service</p>	<p>Free face-to-face counselling for youth 12-24yr with mild to moderate mental distress or mild to moderate substance use issues</p>	<p>GP or practise nurse referral, or self-referral online</p> <p>03 2188 833</p> <p>admin@thriveservices.org.nz</p>	<p>http://www.thriveservices.org.nz/services</p>	 <p>Services Provided By Adventure Development</p> 
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Te Hau Toka

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