

Connecting Communities Fund: Successful Applicants

Round 1: 22 November 2021

| Name | Activity | Description |
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| Te Kura O Take Karara | Parent events | Events that allow our parents to connect with each other while developing a new wellbeing skill. |
| Silent Disco Queenstown Ltd | Silent Disco Walking/Dancing Tour | Music and movement based tours focus on mental health and wellbeing in a fun outdoor setting. |
| Queenstown Harvest Community Gardens | Fortnightly garden club at the community gardens | Fortnightly garden club to be held at the community gardens on Gorge Road. The gardening club will learn and work together to grow and look after vegetables that can then be given to other local charities such as Basket of Blessings. |
| Fiordland Vintage Machinery Museum Inc | Recommissioning on antique tractor | Delivery, partial refurbishment, and re-commissioning of a 1925 McCormack Deering 10-20 tractor for the museum and 70+ members. There are many benefits for people coming together to work on a shared project which is then able to be shared with the wider community. This links to the Five Ways to Wellbeing – connecting, giving time and knowledge, and learning new skills. |
| NZ Deerstalkers Assoc. Southern Lakes Branch | Members event | Members weekend to connect with each other, meet new members and improve their outdoor skills in an informal way. |
| Mums4MumsWakatipu | Family-friendly social gatherings | Family-friendly social gathering with food and a great family space where parents, parents-to-be with babies and young children and peer supporters parents can come together. |
| Te Anau Waitangi Charitable Trust | Waitangi Day 2022 events around Te Anau | Commemorating Waitangi Day 2022 with a variety of smaller events around Te Anau. Our kaupapa is about building community through the creative arts, education, and sharing kai and cross-cultural experiences. |
| Cromwell Youth Trust | Two summer youth events | CYT is developing two engaging youth events over summer which target three core areas - Physical, Cognitive and Socio-emotional. The events will encourage rangatahi to get outdoors, have some fun in a safe environment, connect with others, and learn new skills. CYT is going to run a big environmentally friendly water balloon extravaganza as well as a group-based games session at The Hangout Youth Centre. |
| Royal New Zealand Plunket Trust - Wakatipu Plunket | Maternal peer support group | The Remarkable Mums group run out of Arrowtown is making a big impact in the maternal mental health space. This peer support group serves all of the Wakatipu basin and the programme is free of charge. The group meets bi-monthly allowing mums who are either struggling with parenthood or suffering from postnatal depression to connect with others going through the same thing. |
| Skal International Queenstown | Tourism industry monthly catch-up sessions | Run monthly coffee catch up sessions where tourism industry people can come along and over a cuppa, discuss the issues of the day that are affecting their tourism business and their wellbeing as a result. The idea is for sharing of ideas and knowledge in a very informal small group "chitchat" setting. |
| QAMPI (Queenstown Association of Migrant Pinoys, Inc.) | Filipino Christmas event | Support for a family-friendly Christmas event to bring the Filipino community together to share food, fun and social connections. |
| Cromwell Chalets | Happy Days social event | Connect Cromwell and the Cromwell Chalets are joining forces to put on a new 'Happy Days' social event to help create a stronger community network amongst the residents of the Cromwell Chalets. The Chalets are home to many fulltime residents and workers and there's an influx of another 150 workers over the summer. The community is a diverse mix of Indian Chorus workers, Vanuatuan/ Fijian orchard workers, and Kiwis. Happy Days is a great opportunity to bring everyone together and form cross-cultural friendships and strong bonds. |
| The Fit Collective | Programme for young people | Programme in conjunction with Wanaka Police (Blue light) and Kahu Youth for young people in years 9 and 10 to empower Wanaka's youth to improve overall wellbeing through healthy choices and positive relationships. The programme involves - A 7-week adventure programme. - One nutrition class (parents invited and encouraged to attend). - Engage various guest speakers to motivate students. - Final day/event at Alpha Challenge to demonstrate skills learnt and build on the teamwork and resilience developed across the programme. This is on the 11th Dec. |

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| Fiordland Community Garden | Raised bed – materials and labour | Purchase two children's wheelbarrows to help young tamariki from local schools and holiday programmes get into gardening. We would also like to make one more raised bed to be inclusive for people in wheelchairs so they can participate in gardening as well as making it an easier level for people with sore backs or elderly to work at waist height. |
| LiveMEwell | Breakfast and workshop for blokes | Following on from running some building better blokes courses and the Men's Muster, this funding will support new Blokes Breakfast Meet Ups - one breakfast a month (to possibly grow throughout Southern Lakes area, starting in Te Anau). Blokes come to a cafe in town, 6:30am, sit at tables of 4-6 people, can grab a coffee, maybe some fruit and listen to a presentation for approx 30mins. After the presentation breakfast is served (min 2 serves of veggies included) to the table. The groups will be given workshop style questions to ask each other around the table, to allow increased interaction, conversation, peer support and engagement between the participants. Close of meet up 8am. Subjects to be covered. All 8 key modifiable lifestyle factors, nutrition, stress, sleep, microbiome, trauma, relationships, environment, movement. PERMA theory of wellbeing - prioritizing positivity, engagement with life (character strengths, flow and awe), important of relationships, finding meaning (or your why) and achievement (intrinsic vs extrinsic goals, setting goals in alignment with meaning to rely on want not will power). The science of behaviour change, working through decisional balance sheets for lifestyle changes proposed. |
| The Lightfoot Initiative Charitable Trust | The Great Whakatipu Scavenger Hunt | "The Great Whakatipu Scavenger Hunt" takes place as part of Momentum - Queenstown's first active travel month, in March 2022. Aimed at families (from Grandparents through to babies), we've created a bus based scavenger hunt that takes participants all over the Whakatipu basin, using only the local Orbus service. The scavenger hunt encompasses all far flung suburbs and provides participants with a range of activities to choose from at all destination locations. Each destination is mapped with a free activity to do, along with cheap options for food or other activities. Using a similar model to the DOC Kiwi Guardians, child participants record evidence of their arrival at each key destination's checkpoint with the help of the accompanying adult, and send it in to receive a wooden medal*. Along the way they complete a quiz to keep them engaged, with spot prizes available at various points along the route. The Hunt can be completed with any starting location and final destination (eg: start and finish in your own suburb OR choose another start/finish point). This event is aimed specifically at families and will take place over the five bus lines in Queenstown.* People can choose to complete the Scavenger Hunt in Frankton and receive their medal on the day. The event will be marketed as part of Momentum's calendar of events and also directly to students/children via schools and pre-schools via our already existing channels of communication. |
| Te Anau Ukulele Festival 2022 | TUF 2022 Te Anau Ukulele Festival 2022 | TUF 2022 Te Anau Ukulele Festival 2022 is aimed at ukulele lovers/whanau of all ages and stages coming together to share ukulele love and talent. This will help encourage visitation to Te Anau which is really suffering and provide entertainment to lift community spirits and encourage people to reconnect and enjoy some music, fun and laughter in a beautiful setting. People can also learn new skills by attending the music workshops. |
| Fiordland Families Network | Parents/caregivers social and education events | Fiordland Families Network is working with the local Plunket group to host get-togethers for parents and whānau of babies and pre-schoolers in Te Anau and the wider Fiordland area. This initiative is part of creating more regular opportunities for whānau of young children to meet up and build social networks, and get access to information which will help them on their parenting journey. Speakers will be brought in to cover a range of topics which could include the postpartum body (physio); first aid with a baby/preschool focus; breastfeeding; parenting styles; mindfulness for parents and caregivers; and nutrition and first foods. We're keen to help families get to know and look out for each other, and feel well supported by both the community and the services within it. |

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| Cromwell Community House | Pool entry and food | Operation Cromwell Harvest is a collaborative project with Cromwell Community House, Connect Cromwell, Sport Otago, Summerfruits NZ, The WAN and CODC. The aim of the project is to welcome the seasonal workers into our community and support our horticulture industry. The key focus points of the project are: Effective communication with workers and growers, community events and worker focused social and sporting events, wellness packages and posters, accommodation support and discount crew cards. We will host 3 events that the workers and the community are invited to attend. A sports evening launch (Alpha Street Domain), a pool party (Cromwell Pool) and a music and lawn games event (McNulty Lawn - TBC). The events are spread out over the season - December, January and February. |
| Neighbourhood Support Cromwell | Welfare check | Neighbourhood Support Cromwell would like to visit all residents living in Council Flats as part of a welfare check and to present them with some information about how Neighbourhood Support can help them connect with their neighbours. This initial visit would be followed up with small food based social gatherings at each of the five blocks of flats in Cromwell. |
| Whakatipu Strengthening Families | COVID self-care packs | As part of the community response in preparation for the arrival of COVID, self-care packs will be put together for those who will need to self isolate. This is particularly important for already vulnerable families that have limited capacity or funds. These packs will have basic supplies and check lists including basic safety measures like masks, gloves, sanitisers, phone credits and phone chargers, cleaning supplies, bottled water, child care plan, support person, family harm screening, rubbish bags, compressions socks, ventilation and warmth. Other items and resources that would be considered/supplies are tissues, kawakawa balm, ice blocks, vicks/eucalyptus, spare batteries, throat spray and lozenges, panadol and nurofen, electrolytes, thermometer, cool packs, heat packs, easy to eat meals, emergency contact list, house plan for self isolation, peppermint and ginger tea, food deliveries, Epsom bath salts, breathing and meditation apps, straws or balloons for lung exercises, puzzles, books, notebooks for journaling, board games/cards, podcasts, soothing music, video calls, Netflix access and needs for any pets. Each family will be determined on a case by case basis so each pack will have resources to suit the need. |
| Ignite Wanaka Chamber of Commerce | Monthly social paddle board | Monthly social paddle board for 1 hour duration at the shores of Lake Wanaka. Members cover many varied demographics and are located from Makaroa, Hawea, Wanaka, Cromwell and Queenstown. |
| Hawea Flat School PTA | Games kit of giant outdoor games equipment | Funding will be used to purchase a "games kit" of giant outdoor games equipment. The "Games Kit" will be used for multiple school-community events (facilitated by Hawea Flat School PTA) for students, their families and the wider community. Grant funding will be used to purchase the following equipment: 3 x Giant Jenga 2 x Giant Pick Up Sticks 3 x Corn Hole Bean Bag Toss The first opportunity to use equipment will be 15 Dec 2021 (if Covid rules allow). Purchasing the games kit creates a sustainable activity that can then easily be reused over and over again for future events - facilitating connection and activity between students and families. |
| Fiordland Outdoor Playgroup | Fiordland Outdoor Playgroup | The Fiordland Outdoor Playgroup is starting in January 2022 and is a space where local Te Anau whanau can come and participate in organised free play, at different locations nearby. Fiordland is an amazing outdoor playground and we're keen to get families out enjoying all there is to offer with their tamariki. This group will run every Monday for school terms, from 10am -12pm. Whanau with kids 0-5yrs old will attend. |

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| Sunny Sky | ART IN MOTION | This ART IN MOTION workshops are a mental wellbeing community initiative supporting connection, wellbeing, and resilience in the Queenstown District. We invite local whanau to engage and learn new skills with this three part authentic workshop to move more, feel more connected, feel valued, worthy, accepted, and feel a sense of belonging by offering a safe inspiring space, created and facilitated by a Natural Health professional who understands Mind Health and how important Meditation, Active Movement & Creative expression is for emotional, physical, cognitive, social and spiritual development of all ages. AIM is to provide effective empowering wellbeing workshops encouraging mental wellbeing and an opportunity to learn new skills for Adults and Tamariki. Participants will develop resilience, lifelong learning, critical thinking, love of being physically active aligning with the five ways to wellbeing. These sensory enriched playful workshop experiences will be held in local specified venues, chosen for their natural environment, offering a sense of an escape from realism. These explorative workshops are fun, accessible, and social helping meeting Whanau's holistic needs. "ART IN MOTION" provides an authentic all inclusive interactive sensory learning , wellbeing-based coach-led workshop. This safe inspiring opportunity is for our community to explore wellbeing -activities, embodying playfulness, mind-body awareness, creativity and mindful movement all rolled into a 3 hr workshop. Participants will leave feeling energized and rejuvenated with a sense of having been on a mini wellbeing retreat! |
| Mararoa Charitable Trust | Mountain biking and running events | The Mavora Explorer is an event with several different mountain biking and running categories offering a chance for everyone to join in. There are 5 separate events plus a 5km family walk. From 8.00am Saturday 12th February, 2022 |
| Glenorchy Heritage and Museum group | Older resident stories | Funding to interact with 10-15 of the oldest residents in our community (aiming for the over 70s) and collect their stories. These stories will be used as part of a larger project - installing an old phone box on the village green where people can 'dial up' and hear stories of people from Glenorchy's past. The interviews will help lift the wellbeing of our older residents. |