

Rautaki Hauātanga

Disability Strategy



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About this document



This document is by the **Southern District Health Board**.

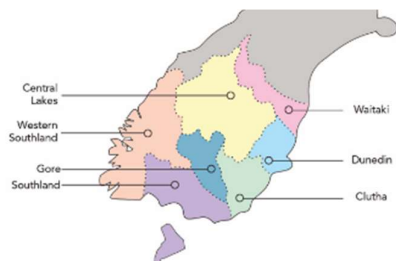


District Health Boards looks after the funding of health services like hospitals in their area.

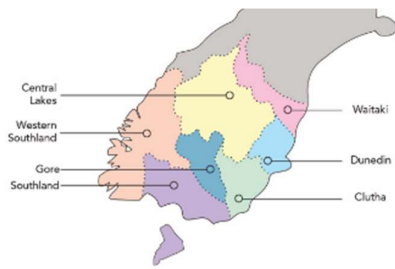


District Health Boards are also called **DHBs**.

There are 20 DHBs across the New Zealand.



The Southern DHB is an area at the bottom of the South Island.



The Southern DHB is made up of:

- Waitaki
- Central Lakes
- Western Southland
- Dunedin
- Gore
- Southland
- Clutha



In this document we call the area the Southern DHB looks after the **Southern District**.



This Easy Read translation is a short version of the **Southern DHB Disability Strategy**.



In this document we will also call it the **Disability Strategy**.



A **strategy** is a plan of things to do over a long amount of time.



You can find the full Southern DHB Disability Strategy at:

www.southernhealth.nz/disability-strategy



About 1 in every 4 of people in the Southern District are disabled.



This is about the same as the rest of New Zealand.



In the Southern District people are more likely to be disabled if they are:

- Māori
- Pasifika.



This Disability Strategy includes all different kinds of disability.

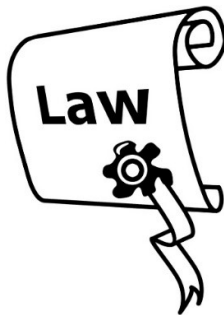
About the Disability Strategy



We have used parts of other important documents in making this Disability Strategy.



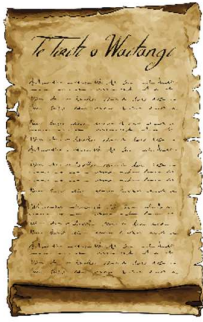
1 of these documents is the **United Nations Convention on the Rights of Persons with Disabilities**.



The **United Nations Convention on the Rights of Persons with Disabilities** is a law lots of countries have agreed to.

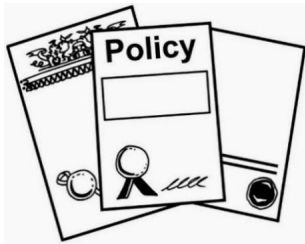


It says what governments must do to make sure disabled people get the same rights as everybody else.



Another important document is that we used in making our Disability Strategy was **Te Tiriti o Waitangi**.

It is also called the **Treaty of Waitangi**.



The Treaty of Waitangi is the legal document that was signed in 1840.



The Treaty is important to New Zealand.



It is about:

- Māori and the New Zealand Government working together
- making decisions together
- protecting things that are important to Māori.





We also looked at the **Whakamaua: Māori Health Action Plan 2020-2025**.



Whakamaua says what needs to happen so as to make sure we can have pae ora / healthy futures for Māori.

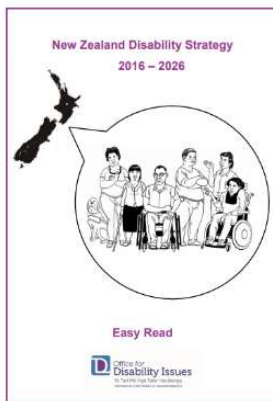


Whakamaua also takes about the importance of Te Tiriti o Waitangi.



There are other important documents from New Zealand like:

- the New Zealand Public Health and Disability Act 2000
- Whānau Ora which is Māori for family health
- the New Zealand Disability Strategy.



You can find an Easy Read translation of the **New Zealand Disability Strategy 2016 – 2026** on the **People First New Zealand website**:



<https://www.peoplefirst.org.nz/download/2286/>

Our vision and goals



A vision is:

- what we want things to be like
- something that we use to decide what to do.



The **vision** in our Disability Strategy is that everyone living in the Southern district have a fair chance to have the best health they can.



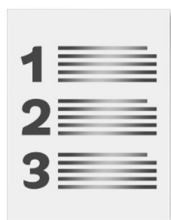
This includes:

- disabled people
- tāngata whaikaha or Māori with disability
- Deaf people.

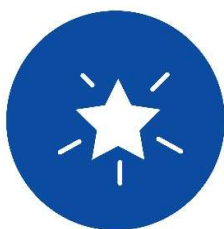




Goals are things we are going to try to do.



We have 3 important goals.



Goal 1:

Whai take, whai māiataka

Bold and Purposeful.



This means we want people to think of us as a leader in providing health and disability services to:

- disabled people
- tāngata whaikaha
- Deaf people.





Goal 2:

**Mahi Kātahi ki te Takata, te
Whānau me te Hapori**

Inclusive of:

- **each person**
- **whānau / family**
- **community.**



This means everyone will be able to
get the support they need to have a
good life in their community.



Goal 3:

Tōkeke, Kātoitoi, Wātea

Equitable and Responsive and Accessible.



Equitable means giving everyone a fair chance.

Responsive means we will act when things need to be done.



If something is **accessible** it means people are able to use it.



This goal means we will work well to give everyone access to the things they need.



Our Disability Strategy says what things we are going to do to meet all these goals.



When we talked to the community about making our Disability Strategy they told us about things they thought could be done better.

Disability Steering Group

Southern DHB will start a **Disability Steering Group**.



A **steering group** is a group of people who work to make sure things go the right way.



The steering group will make sure that the things in the strategy are put in place in different parts of the DHB.



There will be people on the steering group from different parts of the DHB like people who work with:

- computers
- buildings
- who gets jobs
- training.



There will also be disabled people from the community on the steering group including:

- Māori
- Pasifika.



More information



You can find the full Disability Strategy on the Southern DHB **website**:



www.southernhealth.nz/disability-strategy



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