

# THE LOW DOWN ON LEGIONNAIRES' DISEASE

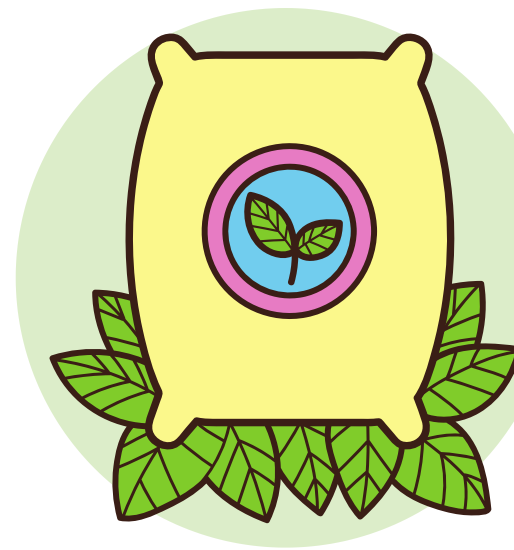


## What is Legionnaires' disease?

Legionnaires' disease is a pneumonia-type illness that affects the lungs.

## How do I get it?

People get Legionnaires' disease from breathing in legionella bacteria that is found in potting mix.



## How to be safe when planting

-  Open potting mix/compost in an open space with scissors.
-  If soil is dry, dampen it down with water.
-  You can protect yourself from Legionnaires' disease by wearing a mask and gloves.