

Managers – is your workplace breastfeeding friendly?



- 1. Communication**
Talk with your staff member before they go on parental leave outlining the support in place for them to breastfeed on their return.
- 2. Support**
Ensure all employees know that you support breastfeeding in the workplace.
- 3. Private Place**
Provide a private place for your staff members to breastfeed or express breastmilk and somewhere to store breastmilk if needed.
- 4. Time**
Provide enough time (flexible work breaks) so mums can breastfeed or express breastmilk.