

Low Cost Food & Transport Maps

1

Fruit & Vegetable Co-ops

2-3

Community Gardens

4

Community Orchards

5

Food Distribution Centres

6

Food Banks

7

Healthy Eating Services

8-9

Transport

10

Water Fountains

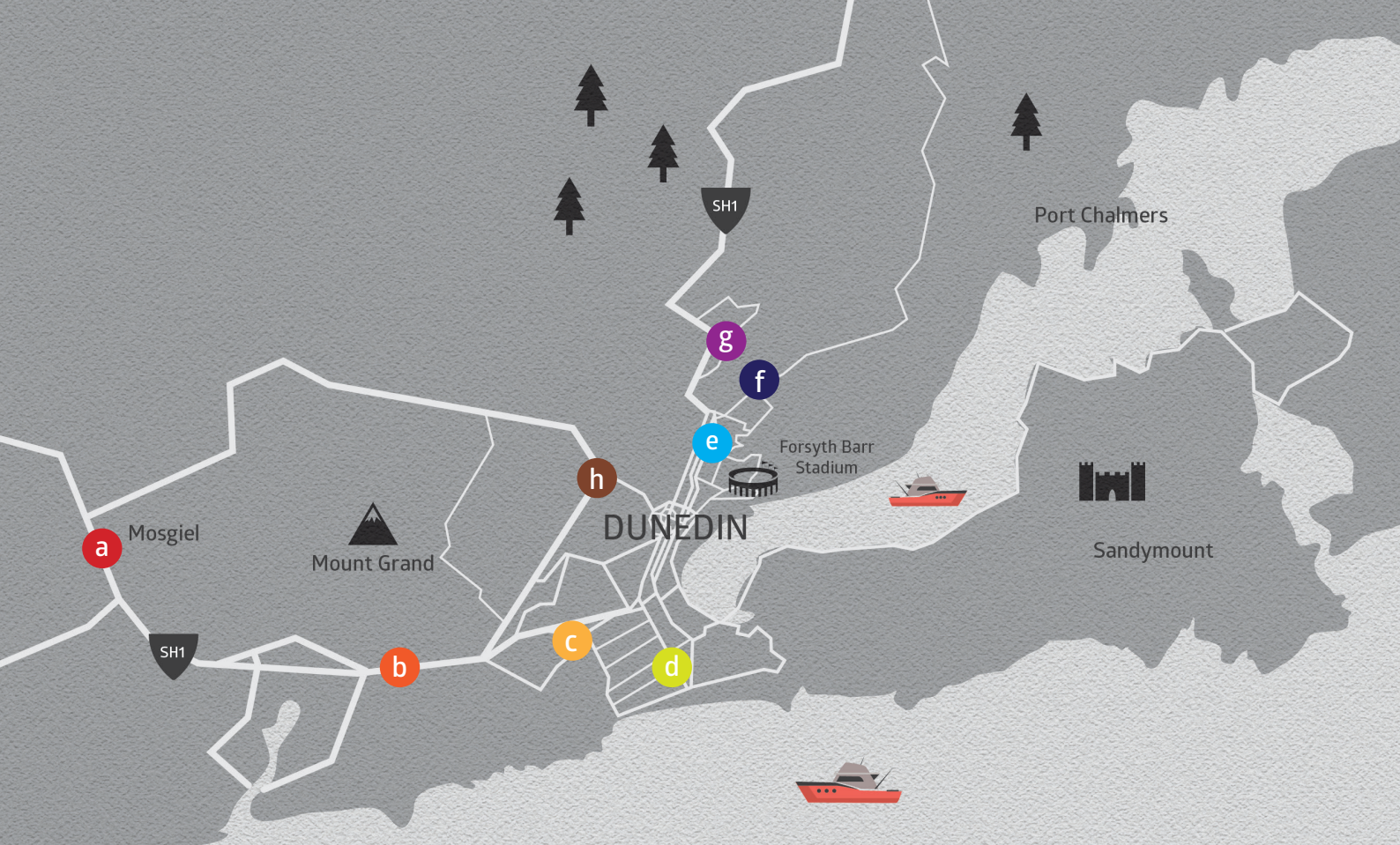
11

Food Foraging

To view this information on an interactive map
go to goo.gl/5LtUoN

For further information contact Sophie Carty
03 477 1163 or Sophie.Carty@wellsouth.org.nz

- INFORMATION UPDATED 10 / 2017 -



Fruit & Vegetable Co-ops

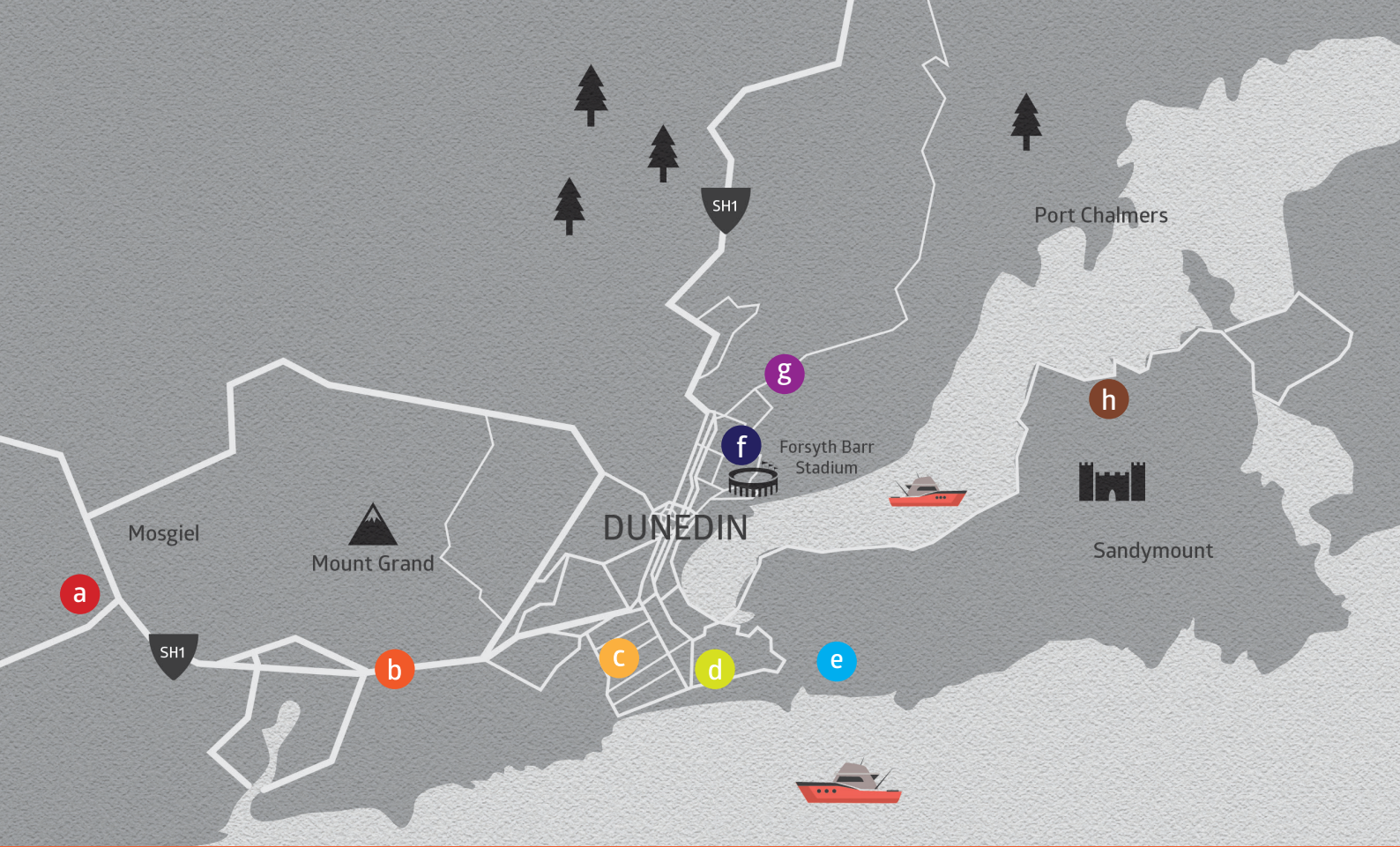
All Saints' Fruit & Veges

<https://store.buckybox.com/all-saints-fruit-vege>

Low cost fruit and vegetables

- | | |
|---|---|
| <p>a ST LUKE'S ANGLICAN CHURCH
67 Gordon Rd, Mosgiel 9024
OPEN: Thu 12pm - 1pm and 5pm - 6pm</p> | <p>e ALL SAINTS' ANGLICAN CHURCH
786 Cumberland St, North Dunedin 9016
OPEN: Thu 8.45am - 10am and 4pm - 6pm</p> |
| <p>b ANGLICAN CHURCH
1 Howden Street, Green Island, Dunedin 9018,
OPEN: Thu 9.30am - 11am</p> | <p>f ST MARTIN'S
194 North Rd, North East Valley, Dunedin 9010
OPEN: Thu 4.30pm - 6pm</p> |
| <p>c CAVERSHAM PRESBYTERIAN CHURCH
Sidey Hall, 61 Thorn St, Caversham, Dunedin 9012,
OPEN: Thu 10am - 11am and 5pm - 6pm</p> | <p>g ST THOMAS' ANGLICAN CHURCH
1 Raleigh St, Liberton, Dunedin 9010,
OPEN: Thu 5pm - 6pm</p> |
| <p>d HOLY CROSS CHURCH HALL
(Entrance off Bellona St) St Kilda, South
Dunedin 9012 OPEN: Thu 4pm - 5.30pm</p> | <p>h KAIKORAI PRESBYTERIAN CHURCH
127 Taieri Road, Kaikorai, Dunedin 9010
OPEN: Thu 10.30am - 1pm</p> |

* ORDER 1 WEEK IN ADVANCE



Community Gardens

Land gardened collectively with the opportunity to exchange labour for produce.

a

EAST TAIERI COMMUNITY GARDEN

Cemetery Rd, East Taieri 9024
INFO: Contact Ruth on 489 6266, 027 472 1899
 or glenrivett@slingshot.co.nz

e

TOMAHAWK COMMUNITY GARDEN

28 Oregon St, Ocean Grove, Dunedin 9013
INFO: tomahawkcommunitygarden@gmail.com
 0272169809 or [Facebook](#) /TomahawkCommunityGarden

b

GREEN ISLAND COMMUNITY GARDEN

Shand St, Green Island, Dunedin 9018
INFO: communitygarden.gi@gmail.com or
[Facebook](#) /GreenIslandCommunityGarden

f

OTAGO POLYTECHNIC LIVING CAMPUS

Harbour Terrace, North Dunedin, 9016
INFO: kim.thomas@op.ac.nz or www.op.ac.nz/assets/
 Sustainability/Living-Campus-.pdf

c

BATHGATE PARK SCHOOL COMMUNITY GARDEN

213 Macandrew Road, South Dunedin 9012
INFO: Contact +64 3-455 3421 or
 www.bathgatepark.school.nz

g

NORTH EAST VALLEY COMMUNITY GARDEN

Longworth St, North East Valley, Dunedin 9010
INFO: Contact Jenny Roxborough garden@northeastvalley.org

d

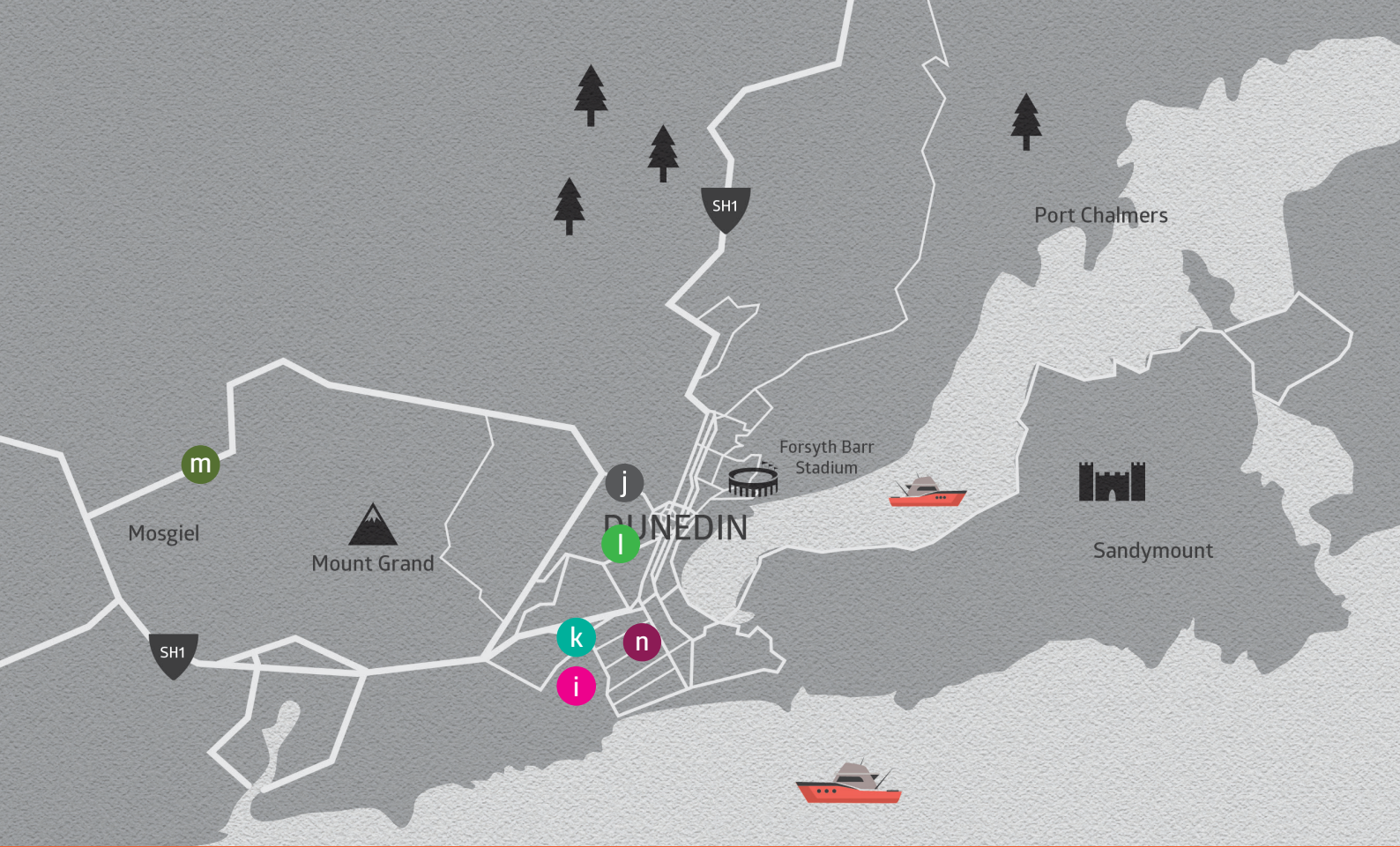
MUSSELBURGH SCHOOL COMMUNITY GARDENS

34 Marlow St, Musselburgh, Dunedin 9012
INFO: Contact Lien 03 477 7915 / 021 0606 108 or
 Musselburgh School 4554 4586

h

BROAD BAY COMMUNITY GARDEN

Clearwater St, Broad Bay, Dunedin 9014
INFO: Phone 4780 560 / Cell 021 207 3079 or
[Facebook](#) /Broad-Bay-Community-Gardens-197580873643403



Community Gardens

Land gardened collectively with the opportunity to exchange labour for produce.

i

CORSTOPHINE COMMUNITY GARDEN
Corstorphine Community Hub,
8 Lockerbie St, Dunedin 9012
INFO: [f](#) /CorstorphineCommunityHub or
corstorphinecommunityhub@gmail.com

l

MORNINGTON COMMUNITY GARDEN
45 Maori Rd, Jubilee Park, Old Kaituna Club, Mornington,
Dunedin 9016
INFO: Annika Korsten 021 343 260
annika@malcam.org.nz

j

SHETLAND ST COMMUNITY GARDEN
26A Shetland St, Wakari, Dunedin 9010
INFO: greengothic@clear.net.nz
Ph 4780 311 / Cell 021 116 8320

m

COMMUNITY MARKET GARDEN
289 Factory Rd, Mosgiel 9092.
INFO: Annika Korsten 021 343 260
annika@malcam.org.nz

k

ARAI TE URU WHARE HAUORA MAARA KAI
25 College St, Caversham, Dunedin 9012
INFO: Dee-Jay Collins – 027 258 3704

n

CATHOLIC SOCIAL SERVICES GARDEN
FREE PRODUCE - no labour exchange required
42 Macandrew Rd, South Dunedin 9044
INFO: Paul Barham Ph (03) 455 3838
Cell 021 02392141 paul@cathsocialservices.org.nz



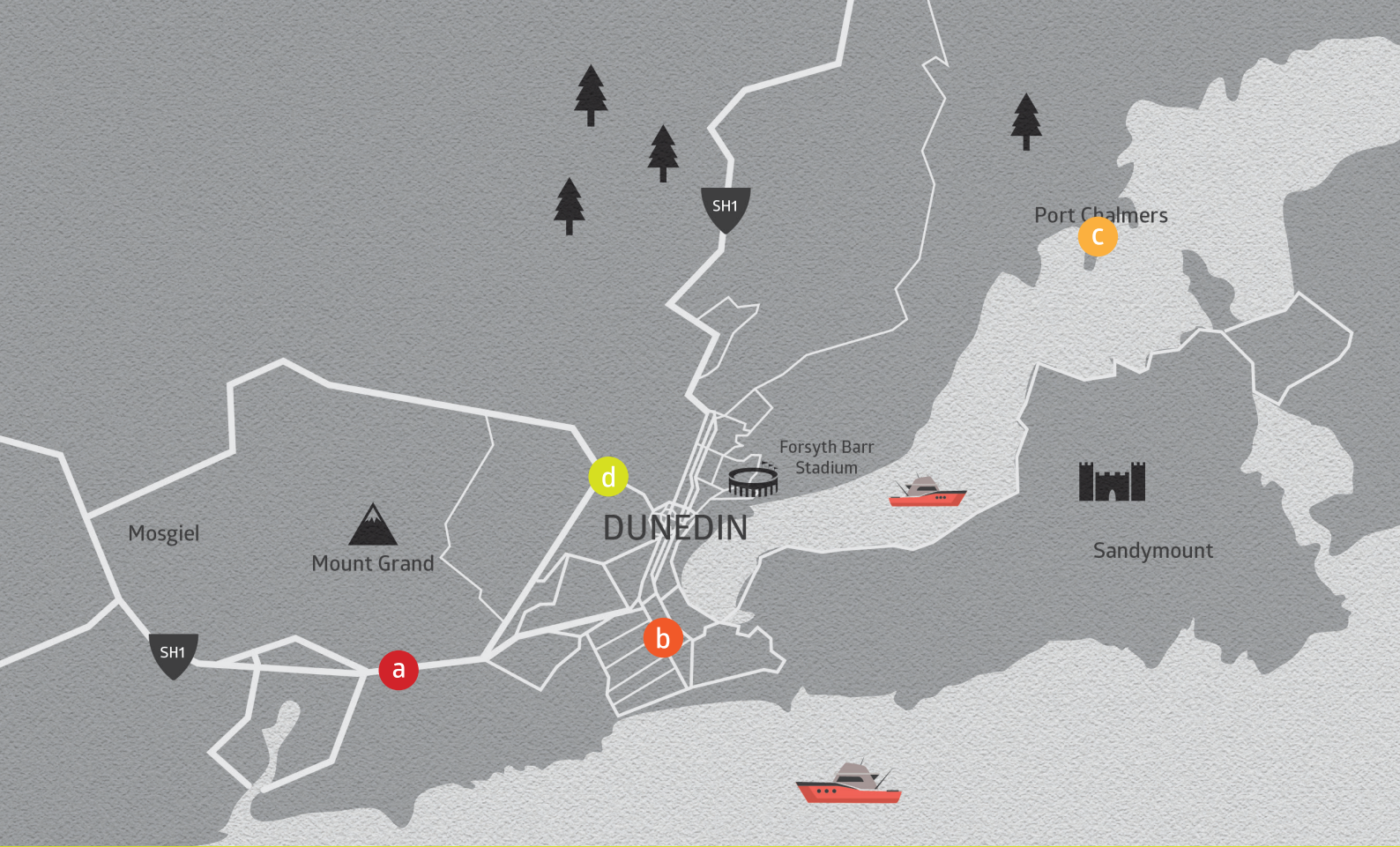
Community Orchards

Shared orchards which can have fruit, nuts or berries, volunteering opportunities are often available.

- | | |
|---|---|
| <p>a</p> <p>COMMUNITY ORCHARD AT FRASERS GULLY
72 Caldwell St, Brockville, Dunedin 9011
INFO: Contact Maria Laufiso
476 3072 or bcdp_worker@vodafone.co.nz</p> | <p>e</p> <p>NORTH EAST VALLEY, Dunedin 9010
INFO: To volunteer contact
tv473ig@list.king.net.nz</p> |
| <p>b</p> <p>PINE HILL PARK
Pine Hill Rd, Dunedin,
INFO: To volunteer contact
tv473ig@list.king.net.nz</p> | <p>f</p> <p>CALDER AVENUE, Dunedin 9010
INFO: To volunteer contact
tv473ig@list.king.net.nz</p> |
| <p>c</p> <p>WILKINSON STREET, Liberton, Dunedin 9010
INFO: To volunteer contact
tv473ig@list.king.net.nz</p> | <p>g</p> <p>BUCHANAN STREET, North East Valley,
Dunedin 9010 INFO: To volunteer contact
tv473ig@list.king.net.nz</p> |
| <p>d</p> <p>HISLOP STREET, Liberton, Dunedin 9010
INFO: To volunteer contact
tv473ig@list.king.net.nz</p> | <p>h</p> <p>DUNEDIN VEGETABLE GROWERS CLUB
33 Royal Cres, St Kilda, Dunedin 9012
INFO: Contact Carol Henderson
03 454 4625 or dvvc.co.nz</p> |

Learn to Garden

DUNEDIN VEGETABLE GROWERS CLUB
33 Royal Cres, St Kilda, Dunedin 9012
INFO: Contact Carol Henderson
03 454 4625 or dvvc.co.nz



Food Distribution Centres

Food for families in need.

a

GREATER GREEN ISLAND FOOD SHARE DISTRIBUTION CENTRE.

St Margaret's Presbyterian Church, 208 Main South Road, Green Island.

For more information please phone a Community Worker on 470 0814.

Email amandar@psotago.org.nz or leannes@psotago.org.nz www.greatergreenisland.nz

b

CATHOLIC SOCIAL SERVICES

45 Macandrew Rd, South Dunedin, Dunedin 9012. Phone 03 455 3838

Distributed on Mondays and Wednesday's after 12.30pm. Community lunches are also run.

c

PIONEER HALL PORT CHALMERS

45 George St, Port Chalmers, Dunedin

Pioneer Hall distributes food parcels on a Friday.

d

KAIKORAI KAI

Kaikorai Presbyterian Church

127 Taieri Road, Kaikorai, Dunedin 9010. Tea, coffee, and food available Fridays 11.15am-12.30pm.

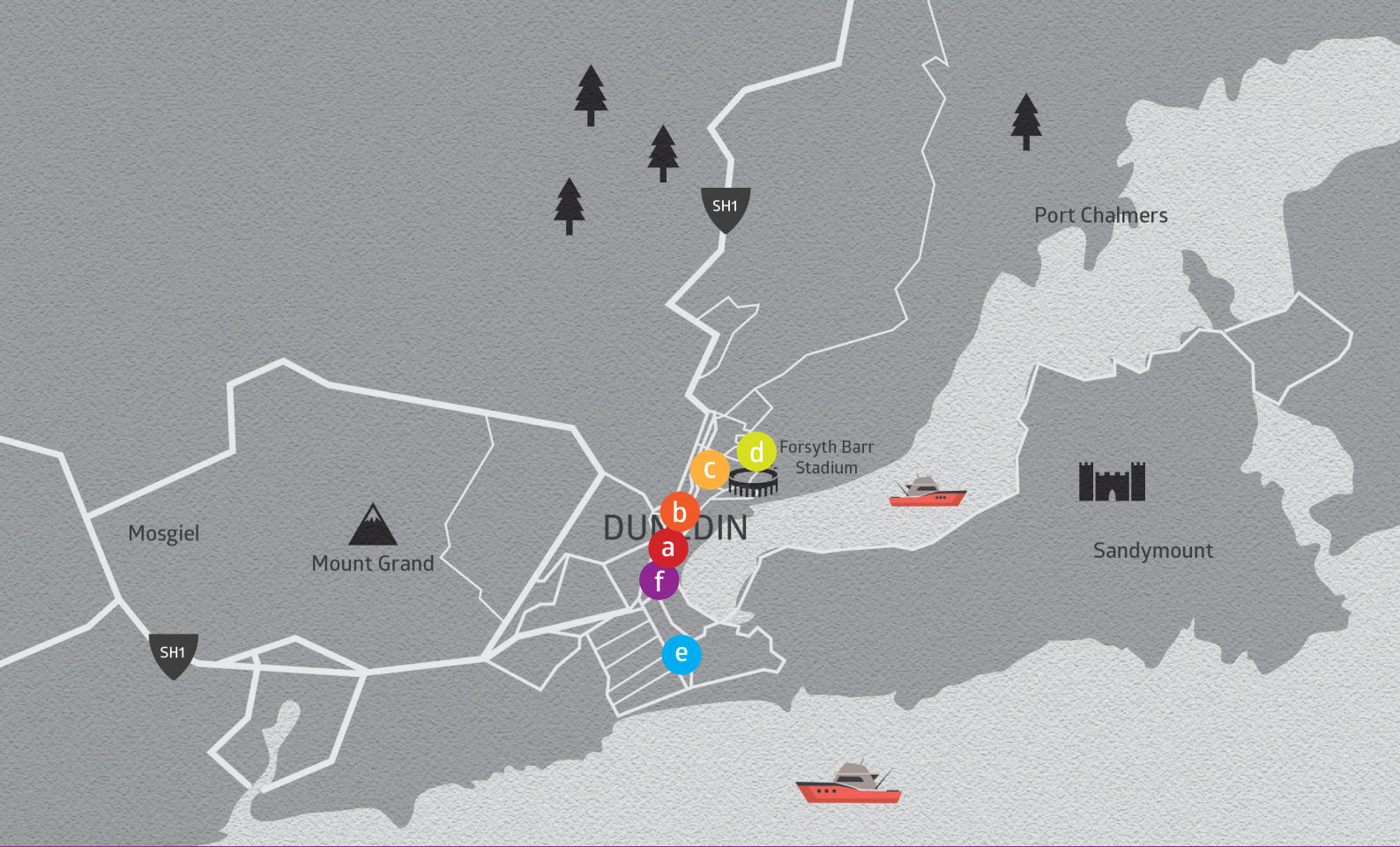
Contact: Tracy Somerfield, 03 476 2967, kaikoraihub@gmail.com



Food Banks

Low cost and free food available to those in need of emergency help.

- a** **ST VINCENT DE PAUL FOOD BANK**
452 George St, North Dunedin, 9016. Monday - Friday 11am - 2pm
No appointment needed. Food parcels consist of three days worth of meals, and other basic necessities.
- b** **SALVATION ARMY FOOD BANK**
160 Crawford St, Dunedin, 9016. Phone: (03) 477 9852
- c** **MOSGIEL FOODBANK**
Taieri Christian Care, 2 Wickliffe St, Mosgiel 9024. Open Monday - Friday 10am-11.45am
- d** **PRESBYTERIAN SUPPORT OTAGO**
407 Moray Place, Dunedin Central. Phone 477 7116. Open 8.30am - 5pm.



Healthy Eating Services

Free opportunities to learn about diet, cooking and healthy eating.

a

FREE HEALTHY EATING CLASSES

WellSouth Primary Health Network
333 Princes St, Dunedin, 9016
Phone Amy Lowry 03 477 1163 to book

d

GREEN PRESCRIPTION - FREE STUDENT DIETITIAN ACCESS

40 Logan Park Dr, North Dunedin, 9016
Freephone 0800 776 786
Email grx@sportotago.co.nz

b

SENIOR CHEF - AGE CONCERN OTAGO

25 Bath St, Dunedin, 9016
Phone 03 4771040, Free for overs 65s living alone or with one other person

e

THE HUB - FREE COOKING CLASSES FOR PARENTS WITH CHILDREN AGED 0-6 YEARS

158 Oxford St, South Dunedin
Thursday: 10am-1pm Phone: 03-466 3407

c

HEART FOUNDATION

206 Hanover St, Dunedin, 9016
Phone:03-477 3999
Free healthy eating resources and cook books

f

SUPERGRANS

Level 1, 365 Princes Street, Dunedin 9016
Email: Supergrans.dunedin@xtra.co.nz
Phone: 03 474 0582
Shopping tips, budgeting, cooking, food growing, preserving and more



Transport

Free and low cost transport solutions

a **THE VALLEY PROJECT - FREE BIKE FIXING 11**
 Allen St, North East Valley, Dunedin 9010
 Help fix up a bike, then take it away for a koha.
 Saturdays: 10.30am - 1.30pm for bike fixing
 Tuesdays: 3.30 - 5pm for bike repairs

c **RED CROSS COMMUNITY TRANSPORT SERVICE**
 31 York Place, Dunedin, 9016. A free transport service to help people get to their health appointments. This service is delivered by volunteers and runs on donations. You will need to get your health practitioner to refer you to the service. Call 07 477 1527 if you have any questions.

b **THE CROOKED SPOKE**
 111 Moray Pl, Dunedin 9016
 A DIY bicycle workshop in Dunedin.
 Current hours:
 Wednesday 4 - 6pm & Friday 4 - 8pm

d **PLUS + BUS**
 Shopping bus - assists mainly elderly clients and disadvantaged to get to local supermarkets and shop for groceries. Van has a retractable lower step. **\$7 Return.** Ph: 03 455 4050 to book. Timetable:

Tuesday

9.00am Hill (Mornington/Wakari/Halfway Bush) suburbs to Countdown Mornington

Wednesday

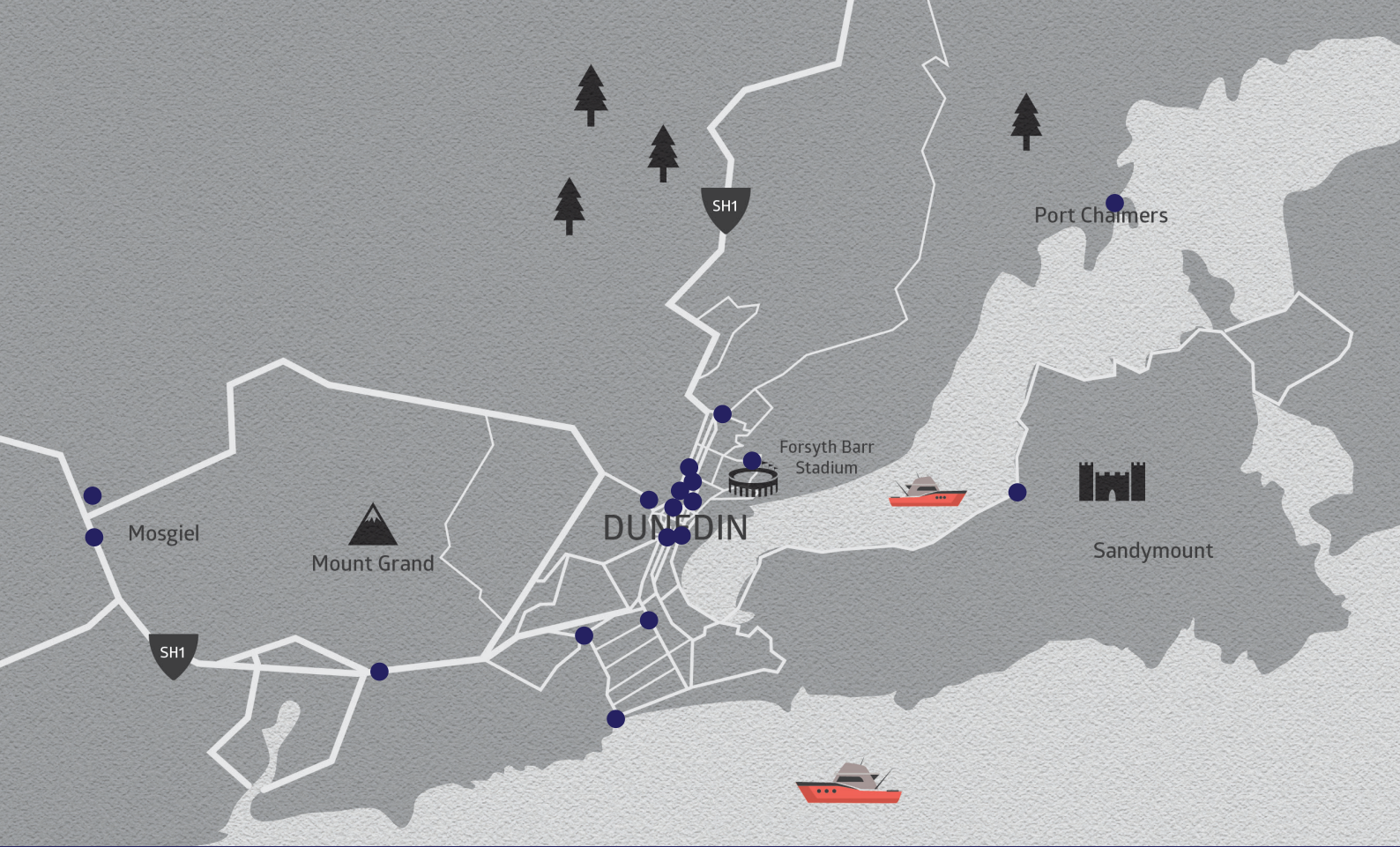
9.00am South and Hill (Brockville) suburbs to Countdown Dunedin South

1.00pm South suburbs to Pak'n'Save

Thursday

9.00am South suburbs to Pak'n'Save

1.00pm South (incl Waverley) suburbs to Countdown A/Bay



Transport

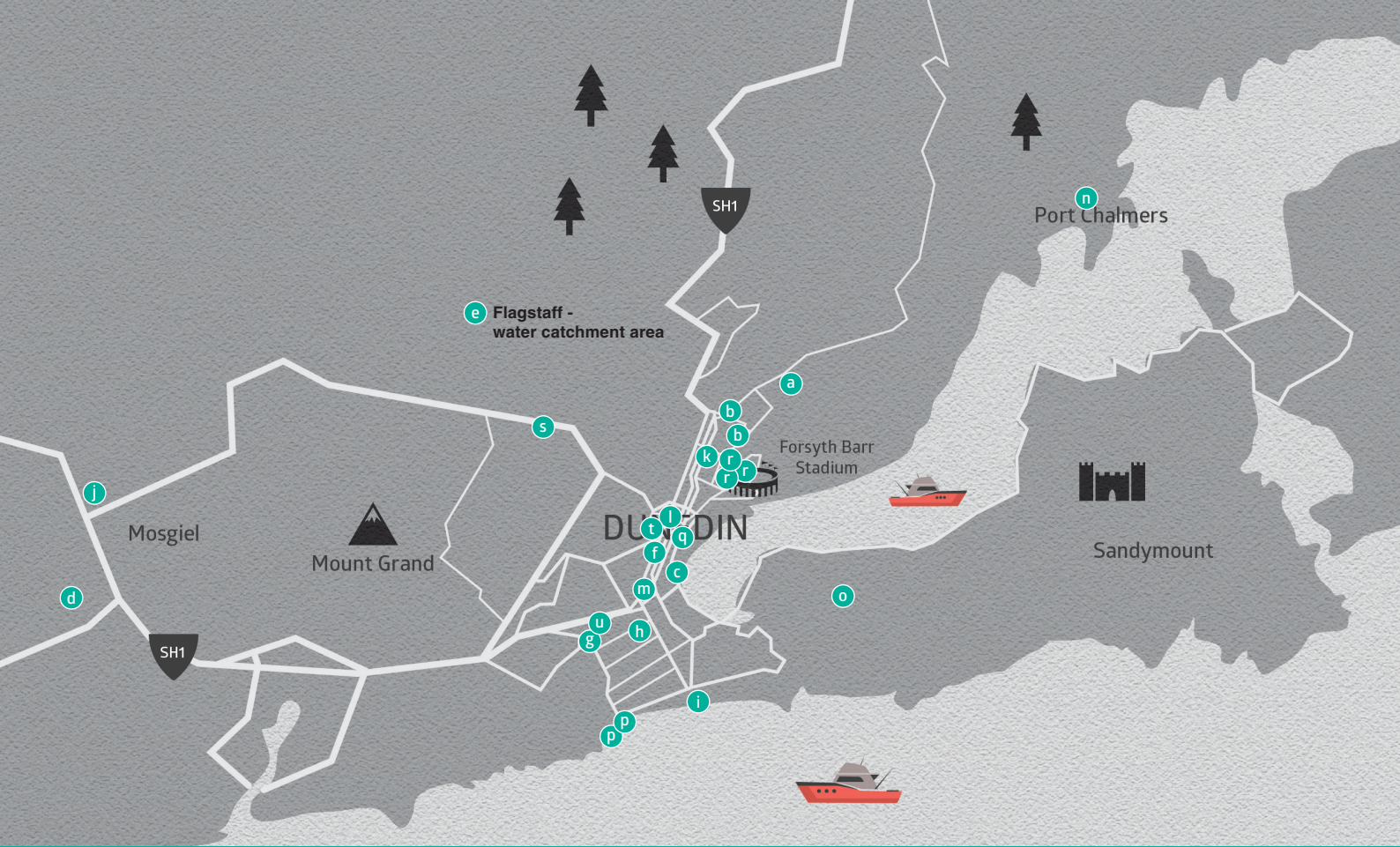
Free and low cost transport solutions

● Bike Stands are located on the following streets...

Crawford Street
George Street
Cumberland/High
Dowling Street
Great King St Nth
Water Street

Moray Place
Queens Drive
Hillside Rd
South Rd
Portobello Road
Main South Road

Hartstonge Avenue
Close to Lanark St
Bank St
Logan Park Dr
Beach St
Esplanade

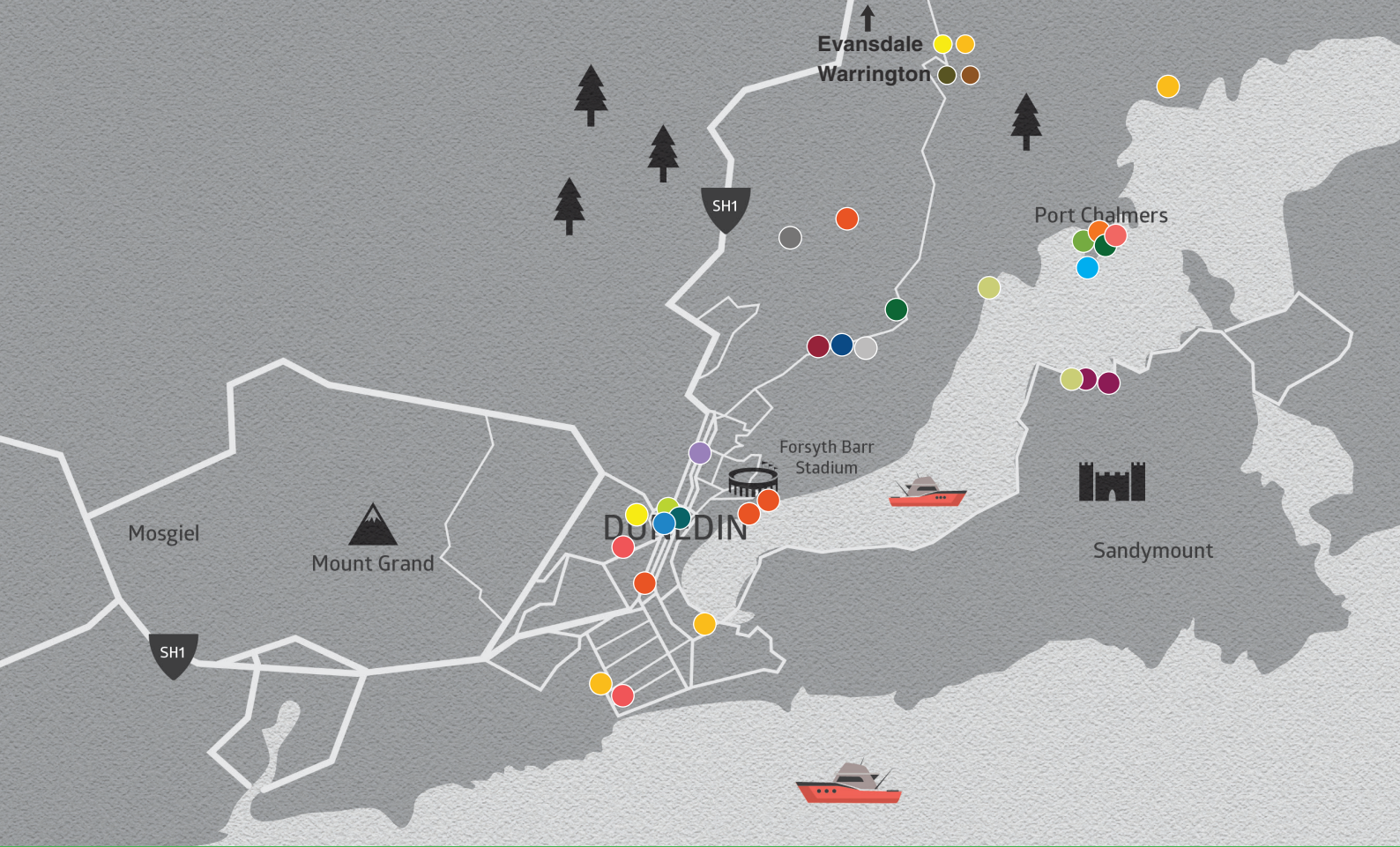


Water Fountains

Free drinking water in and around the city.

Water fountains are located on the following streets...

- | | |
|---|--|
| a Baldwin Street | l Octagon |
| b Botanic Garden | m Oval - by Jean Mclean Pavilion |
| b Botanic Garden | n Port Chalmers Place |
| c Custom House Quay | o Rotary Park Dog Park |
| d East Taieri Dog Park | p St Clair Esplanade |
| e Flagstaff - water catchment area | p St Clair Esplanade |
| f Highgate | q Thomas Burns Skate Park |
| g Kew Park Dog Park | r University Oval |
| h Lorne/Rankeilor Street reserve area | r University Oval |
| i Marlow Park | r University Oval |
| j Mosgiel Memorial Gardens | s Wakari Park Dog Park |
| k Corner of St David and Cumberland Streets | t Free Water Tap, Speights Ale House, 200 Rattray St |
| | u Kew Reserve, Station Road, Caversham |



Food Foraging

Free food available seasonally. For more accurate location details go to: goo.gl/5LtUoN

- | | | |
|---|--|---|
| ● Pear Trees | ● Elderberry Trees | ● Parsley |
| ● Cherry Plums | ● Oregano | ● Elderberry Trees |
| ● Fig Trees | ● Thyme | ● Wild Garlic |
| ● Walnut Trees | ● Rosemary | ● Fruit Trees |
| ● Plum Trees | ● Apple Trees | ● Chilean Guava |
| ● Miners Lettuce | ● Crabapple Trees | ● Pipi |
| ● Chestnut Trees | ● Banana Passionfruit | ● Cockles |